

ADELPHI UNIVERSITY

NEW YORK

2020

**A Parent's Health
Crisis** Led Students
to a Nursing Career

**NEW DEAN
ELAINE L. SMITH**

Leading Nurses Into a Changing Future



**BEST
COLLEGES**

USNews

**NATIONAL UNIVERSITIES
2020**



PREPARING OUR NEXT GENERATION

This issue of the College of Nursing and Public Health's magazine arrives just in time to welcome in 2020, the World Health Organization's Year of the Nurse and Midwife.

I am delighted to share updates with you on the exciting work of our faculty and students as we prepare to meet the challenges of the coming decade.

Throughout these pages, you will find descriptions of how Adelphi faculty are preparing our next generation to thrive in the evolving world of nursing and healthcare. I think you will find their accomplishments impressive. Also, you will meet some of our inspiring students as they share their personal stories, motivations and aspirations for the future.

This issue recognizes several individuals who have made substantive contributions to the mission of our College. The members of our CNPH Advisory Board are acknowledged for their years of dedicated service to the College. So often unsung heroes, several of our adjunct faculty describe their commitment to teaching at Adelphi.

It is with gratitude and anticipation that I look forward to co-creating the future of our College together with its faculty, staff and students

Elaine L. Smith
EdD, MBA, RN, NEA-BC, ANEF
Dean
College of Nursing and Public Health

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Mama Mia! Maternal Simulator Gives Birth to More High-Impact Experiences

There's a new patient in the Adelphi nursing program's simulation lab. She's Victoria, a state-of-the-art childbirth simulator. With anatomically correct features, she can simulate a complete range of situations that nurses may face in the delivery room, from routine neonatal care to obstetric emergencies.

Victoria is just the latest addition to the growing number of hands-on learning opportunities Adelphi provides—and the first birthing simulator of its type in nursing programs on Long Island.

Victoria arrived in the sim lab in March 2019, welcomed by her own birthday party. The simulator is incredibly realistic. Her eyes can even focus on the student nurses, giving them the ability to assess eye movement for signs of stroke, head trauma, drug use and other conditions.

The birthing simulator has two baby manikins, each designed for different scenarios. Together, they provide training in managing complications like shoulder dystocia, umbilical cord prolapse, breech delivery and postpartum hemorrhage.

Victoria joins the highly sophisticated pediatric, newborn, child and adult manikins already in place in the Nexus Building's 22-bed simulation lab. The training students gain in the lab is extremely important, as it not only supplements and enhances their required clinical hours but provides experience in situations they may not encounter in their rotations in healthcare facilities.

"These devices can simulate about any situation that healthcare providers face in the real world," said Anthony Egan, director of the Clinical Education and Simulation Lab.

Our Newest NY Academy of Medicine Inductees

Since 2015, seven faculty and administrators from Adelphi's College of Nursing and Public Health have been inducted into the prestigious New York Academy of Medicine (NYAM). In November 2019, two more joined their ranks: Maryann Forbes, PhD '99, and Keiko Iwama, PhD '18.

Dr. Forbes is associate dean for academic affairs, Dr. Iwama an adjunct faculty member.

"I am delighted that both Dr. Forbes and Dr. Iwama have been recognized for their significant professional contributions by the New York Academy of Medicine,"



Maryann Forbes, PhD '99 (left), and Keiko Iwama, PhD '18

said CNPH Dean Elaine Smith '78, MS '88, EdD, noting the College "is well represented in a number of the interest groups of the Academy. Moving forward, I am sure that our faculty will continue to be actively involved in this prestigious interprofessional society."

Besides Dr. Smith, the prior CNPH inductees are: Deborah Ambrosio-Mawhirter '81, MS '95, EdD, assistant professor; Mary Jahrsdoerfer, PhD, clinical assistant professor and MS in Healthcare Informatics program director; Jane White, PhD, professor; Marilyn Klainberg '63, MS '77, EdD, professor; Patricia Donohue-Porter, MS '78, PhD '87, associate professor and PhD program director; and Edmund J.Y. Pajarillo, PhD, associate professor and department chair, graduate nursing studies.

College of Nursing and Public Health Rises in 2020 USN&WR Rankings

The College of Nursing and Public Health surged an impressive 49 spots in the latest *U.S. News & World Report* rankings.

When *U.S. News & World Report*, one of the leading sources for reviewing colleges across the country, released its 2020 rankings for Best Graduate Schools in March 2019, it showed CNPH ranking 115th in the U.S. for Best Nursing Schools: Master's.



For the Best Nursing Schools rankings, *U.S. News* surveyed the 584 nursing schools with master's degree or doctoral programs accredited in late summer 2018 by either the Commission on Collegiate Nursing Education or the Accreditation Commission for Education in Nursing. In total, 279 nursing programs responded to the *U.S. News* nursing statistical data collection. The programs are judged by a number of factors, including mean undergraduate GPA of entering students, faculty credentials, student-to-faculty ratio and the proportion of faculty members who were in active nursing practice.

CNPH Dean Elaine Smith '78, MS '88, EdD, had been interim dean for the past two years and was appointed dean in March 2019. "Dr. Smith has done an exemplary job of managing tremendous growth and expansion in the College of Nursing and Public Health," said Steve Everett, DMA, Adelphi's provost and executive vice president.



Violence Was a Theme in Two Entries Honored at the 2019 Research Conference

Fifteen of the nearly 40 CNPH entrants in Adelphi's 2019 Research Conference on April 17, 2019, came away with honors.

All told, more than 400 students participated in the 16th annual Research Day, which is all about "the excitement of academic discovery," as the event's website put it.

Violence figured into two of the presentations that were singled out for recognition.

Sahra Ibrahim won "outstanding graduate presentation" for her oral session titled "Association Between Domestic Violence During Pregnancy and Pregnancy Outcomes in Afghanistan." Her faculty CNPH adviser: Korede Yusuf, PhD

"Violent Events in Healthcare" was the winning e-poster presented by Luke Homer, Marie Diamandis, Michael Mayer and Amanda Smook; they won "outstanding presentation, undergraduate." Faculty adviser: Clarilee Hauser

An honorable mention went to Monica Rosenberg, Shivanie Ramsanie '19, Emily Power, Marjon Karimzada, Freshta Karimzada and Guy Backlund for "The Effects of a Barbell Strength Training Program on Reducing the Fall Risk and Fall-Related Injuries in the Frail Elderly." CNPH faculty adviser: Janet Raman '00, MS '04, EdD

In the e-poster session, the "outstanding presentation, graduate" went to Joseph Brennan, Neeta Jadonath, Natalya Luchinskaya and Kim Smith for "In adults, what is the effect of clinically indicated replacement of peripheral venous catheters versus every four days (routine) on intravenous complications?" Faculty adviser: Charles Cal '95, MS '01, MBA '03

"Faculty and students have worked collaboratively in their scholarly endeavors," said Matthew Wright, PhD, Research Conference committee co-chair and associate professor and chair, Department of Physics. "Each year, outstanding scholarship and creative works have been presented [as] undeniable proof of Adelphi University's ongoing commitment to excellence."

Adelphi Honored for Excellence in Nursing Education

For the second time, Adelphi University's College of Nursing and Public Health was designated by the National League for Nursing (NLN) as a Center of Excellence in Nursing Education.

Besides being one of 10 nursing programs from across the country and the academic spectrum of higher education in nursing, leading teaching hospitals and clinical sites announced in August 2019 as a Center of Excellence (COE) in Nursing Education for 2019–2024, the College was the only one cited by the NLN this year specifically for Advancing the Science of Nursing Education.

"Centers of Excellence help raise the bar for all nursing programs by role modeling visionary leadership and environments of inclusive excellence," said National League for Nursing CEO Beverly Malone, PhD.

Five years ago, Adelphi was first named a COE by the NLN for 2014–2018.

Elaine Smith '78, MS '88, EdD, dean of the College of Nursing and Public Health, said this recognition "indicates a commitment by the organization as a whole to pursue and sustain excellence in a selected area. I am honored that our College has received this distinction. It is a tribute to the excellence of our faculty and their commitment to the science of teaching and learning."

Dr. Smith emphasized that CNPH was the only school in the country to receive distinction in the Advancing the Science category this year.



Accepting the College's Center of Excellence plaque in Washington, D.C., are (left to right): Marissa Abram, Deborah Ambrosio-Mawhirter, Maryann Forbes, Elaine Smith, Deborah Murphy, Jane White and Patricia Donohue-Porter.

She explained that the designation application process requires extensive evidence of meeting the stringent programmatic criteria. She acknowledged the efforts of Maryann Forbes, PhD '99, associate dean for academic affairs, who "led our faculty team to success."

The NLN, which has 40,000 individual and 1,200 institutional members, formally recognized the award recipients during the 2019 NLN Education Summit in Washington, D.C., in late September.

Presenters Explore Wide Range of Topics at ENRS

Adelphi's College of Nursing and Public Health presenters' topics at the Eastern Nursing Research Society's 31st annual Scientific Sessions ranged from pain management, hypertension and end-of-life care to nurses caring for mothers and newborns during Hurricane Sandy and facets of nursing education.

The contingent from CNPH accounted for 14 of the 700-plus attendees at the April 2019 ENRS at the Rhode Island Convention Center in Providence.

That included seven CNPH faculty members (five of them presenters), a recent PhD grad presenter, five doctoral candidates (one presenting)—and the College's first undergraduate presenter, Sherry Cohen '19. The overall theme for this year's ENRS event was "Transforming the Future of Nursing Research: Imagination, Innovation and Engagement."

In the BS posters category, Cohen, who graduated in May, presented on "Initiation of Early Enteral Nutrition

vs. Delayed Enteral Nutrition in Acute Pancreatitis."

There were several nursing education-related presentations. With "Integration of a Mobile-Device Classroom Response System in an Online Nursing Environment: Enhancing Student's Imagination, Classroom Engagement, Innovative Thinking and Learning," Edmund J.Y. Pajarillo, PhD, associate professor and department chair, and Daniel B. Kaplan, PhD, assistant professor at Adelphi's School of Social

Work, focused on introducing innovations through classroom response systems to nursing education.

Patricia Donohue-Porter, MS '78, PhD '87, director of the PhD program at CNPH, discussed strategies to assist in the transition from student to PhD candidate.

Karen Mancini, PhD '16, chair of CNPH's Department of Nursing Specialties, presented on "Growth Through the Storm: Perinatal Nurses' Experiences of Hurricane Sandy."



She said
YES!

There was breaking news during Adelphi University's 123rd Commencement event at the Nassau Veterans Memorial Coliseum and during the live video stream on Adelphi's website in May 2019. Nearly 2,000 graduates marched but one definitely stood out. As **Krystal Richards, MS '19**, walked slowly in the CNPH segment of the event, she was interrupted when now-fiancé Fabian Morgan approached, got down on one knee and proposed. With President Christine Riordan, CNPH Dean Elaine Smith and Adelphi Board of Trustees Chair Ronald Lee '67 looking on as he slipped a ring on her finger, she said yes! The proposal went viral with 3 million-plus views on social media.

Later, Richards said, "This will be a day I will never forget." She also revealed her newly revised list of goals: "Next up—boards, new job, then wedding planning."

Our Students Take Part in Health Fair

Clinical instructors and community health nursing students from the College of Nursing and Public Health recently conducted a health module for 800 Elmont Memorial Junior-Senior High School students in grades 7–12.

Created by Patricia Facquet, clinical assistant professor, in collaboration with Suzanne Pugh, LMSW, Elmont Memorial social worker, the April 2019 event was presented in an innovative health fair format. Each clinical group was assigned two health topics. They also created educational poster boards and handouts for the students.

The high schoolers, who came to the school gym at staggered times for the event, were given the presentation topics and told by their teachers to prepare three unique questions to ask the CNPH students. The Elmont faculty later administered a post-event test.

The College plans to make this an annual event. In addition, its clinical placement office is now exploring the possibility of a clinical rotation at the Elmont high school.



On Giving Day 2019,
\$3,960
was raised for the College of Nursing and Public Health

Save the Date

Giving Day 2020 | 03.25.20

We had bigger goals and bigger dreams for our third annual Giving Day on Wednesday, March 27, 2019: to double last year's total to \$150,000. We not only met that goal, we exceeded it.

More than 900 donors responded to our call, showing true Panther spirit and pride—in Garden City, at alumni gatherings in New York City, Washington, D.C., and Pompano Beach, Florida, and online.

Visit givingday.adelphi.edu for the full details.

NURSES WEEK 2019

Sim Wars

This competition is among CNPH senior students, divided into teams of four. Judges—behind a two-way mirror in the Nexus Building’s Clinical Education and Simulation Lab (CESiL)—score the teams once they enter a “blind” simulation and perform nursing assessments and interventions on their patients. This second annual event took place on May 2, 2019.



Said on Campus

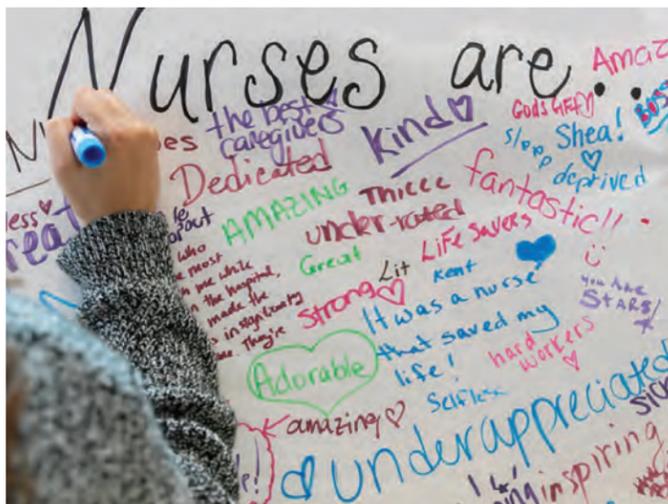
During “History Speaks: A Conversation With Former Cadet Nurses”—a centerpiece event of Adelphi’s Nurses Week—two U.S. Cadet Nurse Corps veterans took their audience on a journey back in time to when nursing schools were few and hospital equipment was comparatively primitive.

“We were at war at the time. The idea of service...is one of the major legacies of the corps.”

—Mary Dewar, cadet nurse veteran and former faculty

“You have all this wonderful equipment we didn’t have. We learned to be creative.”

—Claire (Kantoff) Shulman '46

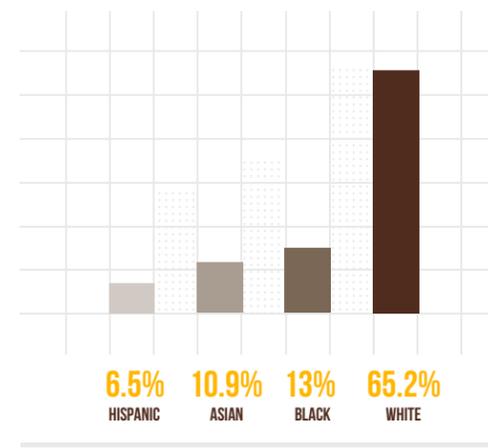


Ken the Therapy Dog

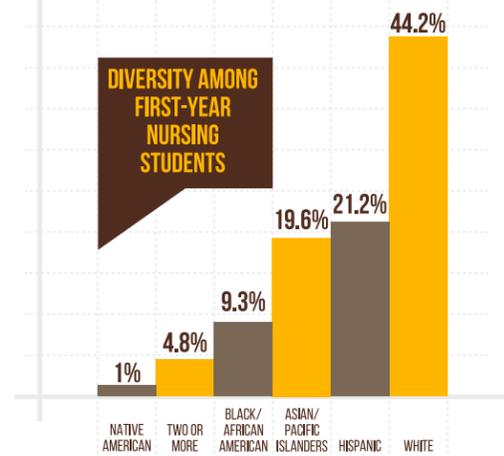
At the Friends Fur-Ever event, our campus community got to meet a service dog named Antoinette as well as Ken (photo) and Barbie from Therapy Dogs of Long Island.



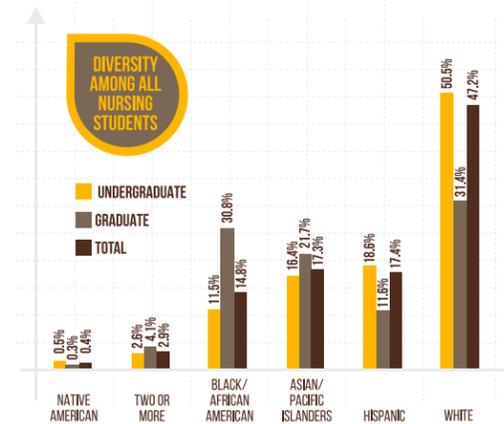
DIVERSITY AMONG CNPH FACULTY



DIVERSITY AMONG FIRST-YEAR NURSING STUDENTS



DIVERSITY AMONG ALL NURSING STUDENTS



Fall 2019 data provided by the Office of Research Assessment and Planning (ORAP)

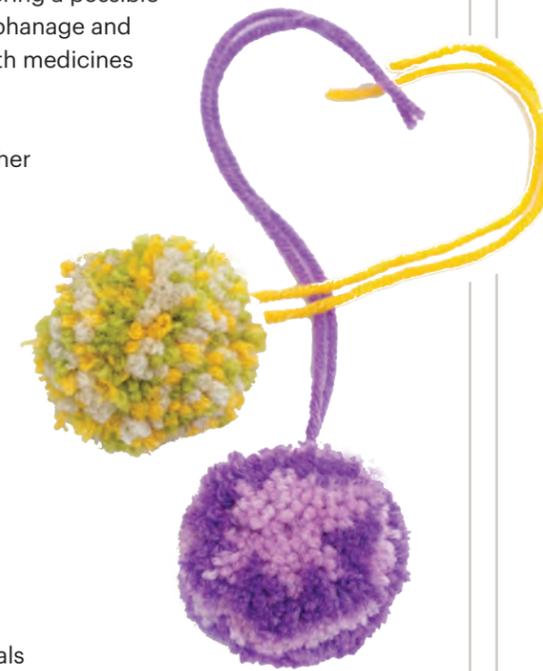
Hats Off to delphi’s Baby Hats Initiative

The Graduate Student Council (GSC) and Student Government Association (SGA)’s baby hats initiative collected 200 hats and clothing items in late 2018—double their goal. The items went to infants in neonatal intensive care units of two underserved hospitals in Nepal and Guyana. Now, they’re considering an effort on Haiti’s behalf.

The idea for the Adelphi University baby hats initiative came from Maria-Pilar Martin, MD, assistant professor and director of the CNPH Master of Public Health program, who said this was a one-time effort. But Dr. Martin, who devotes time to volunteering in underserved communities around the world through her nonprofit organization, International Health Connection (IHC), said in December 2019, “Currently, we are considering a possible initiative to support an orphanage and medical facility in Haiti with medicines and other supplies.”

Dr. Martin reached out to her students for volunteers to sew, knit or collect baby hats and other gently used clothing. Natalie Madray, MPH '19, then-president of Adelphi’s GSC, and Manjusha Gopi, GSC programs and activities representative, answered the call to action, joining forces with the SGA.

The items were donated through the IHC to hospitals and organizations including the International Children’s Heart Foundation, benefiting the Georgetown Public Hospital in Guyana, and the Public Health Concern Trust, benefiting Kirtipur Hospital in Nepal.



Did You Know?

The U.S. Bureau of Labor Statistics expects nursing jobs to increase 26 percent by 2020.

Leadership Conference: New Nurses Must Think Fast in Crises

By Kurt Gottschalk

The message coming out of Adelphi's Nursing Leadership Conference on May 1, 2019, was that the profession needs to take action to protect and improve its reputation, but that nursing schools also need to produce graduates better able to live up to that reputation.

The 15th annual Leadership Conference, cosponsored by the Adelphi University College of Nursing and Public Health and Sigma Theta Tau International's Alpha Omega Chapter, took place at The Garden City Hotel.

Morning talks by Patricia Benner, PhD—professor emerita, University of California San Francisco, Department of Social and Behavioral Sciences, and currently chief faculty development officer of EducatingNurses.com—and Patricia Hooper Kyriakidis, PhD, NovEx Novice to Expert Learning, Nashville, Tennessee—emphasized that we are graduating students who are book-smart but ill-prepared to live up to the challenges of the profession.

"All leaders in healthcare are riding white water these days," Dr. Benner said, speaking via live video. "Things are changing very, very fast."

In a highly competitive and rapidly changing technological environment, she said, students are learning the facts of the field but they're not learning how to think on their feet, she said. As a simplified example, she noted that someone can be taught how to take a patient's blood pressure in 10 minutes but that doesn't mean they'll know how to evaluate the indications of the result. Classroom learning also doesn't prepare students for working long hours or early morning shifts, she said, or to respond quickly to crisis situations.

Dr. Benner likened the dual demands of crisis response and technological expertise to being "somewhere between fighting forest fires and space travel" and said that the profession needs



Left to right: Marilyn Klainberg '63, MS '77, EdD; Deborah Ambrosio-Mawhirter '81, MS '95, EdD; Sarah Marshall, president, Sigma Theta Tau International (STTI); Beverly Malone, PhD, National League for Nursing president; and CNPH Dean Elaine Smith '78, MS '88, EdD. Dr. Malone received the Alpha Omega Chapter STTI Lifetime Achievement Award.

to take ownership of evaluating and publicizing its value and its growth.

Industry leaders need to "give public language to what we're accomplishing," she said. "It's dangerous for nursing to be invisible."

In a talk titled "Preparing Practice-Ready Nurses: A Mandate for the Future" following Dr. Benner's videoconference, Dr. Kyriakidis underscored the lack of practical training for nursing students. She emphasized the problems it can cause them on their first job when they're seen as not being ready for the job.

"The stress and alienation that occurs when younger nurses aren't practice-ready becomes personalized, rather than understanding that the training was not there," she said.

Dr. Kyriakidis has written extensively about practice-readiness and in her talk acknowledged Dr. Benner's work on the subject. She specifically cited a 2009 Carnegie Study co-authored by Dr. Benner, titled "Educating Nurses: A Call for Radical Transformation," that identified the shortcomings in classroom education. "We haven't changed the way we teach" in the decade since the study was published, she noted.

Lab simulation classes need to include unprompted, unfolding patient situations based on real cases and conducted without prompting questions, she said. Students need to learn on their feet, she stressed. "If we don't set the students up to problem-solve, we will not produce practice-ready nurses."

BUCKLEY LECTURER: Teens Must Learn HIV Info Sooner

By Kurt Gottschalk

“Unless someone like you cares a lot, nothing is going to get better, it’s not.”

—Dr. Seuss, *The Lorax*

Public health outreach necessarily involves a fair amount of counseling and advising, but that doesn't mean the practitioner's advice is being taken. That dilemma, and one way of going about solving it, was the subject of a talk given by Dianne Morrison-Beedy, PhD, RN, at the 14th annual Buckley Scholars' Lecture and Luncheon.

"We do an awful lot of telling in nursing," said Dr. Morrison-Beedy, chief talent and global strategy officer and centennial professor of nursing at the Ohio State University College of Nursing, who received a round of knowing laughs from the assemblage of healthcare practitioners at The Garden City Hotel on March 27, 2019. "We gave them information about prevention, they understood it, so I'm sure it'll work."

Dr. Morrison-Beedy first became aware of that division between thought and action, she said, when she was working as a licensed practical nurse or LPN. Her young patients were coming back to her requesting pregnancy and sexually transmitted infection tests. "I must not be doing that great a job, because I know I told them to use a condom," she recalled thinking at the time.

The experience led her to pursue her doctorate and to devote her work to understanding how to better ensure that the information nurses pass on is taken to heart.

Her talk, titled "Risk Reduction: Developing and Moving an Evidence-Based Intervention in Practice," outlined her work as she came to understand and put into practice better ways of making

sure people don't just know, but that they do.

People make decisions about sexual health that can "throw off the rest of your life," she noted. "There are reasons why people do certain behaviors even if they know health-wise they shouldn't."

The risk of contracting HIV is the most dramatic, if not the most common, example. Dr. Morrison-Beedy said that exposure to the virus generally occurs 10 years prior to a positive test result. If women are testing positive in their 20s or early 30s, then they are being exposed to the virus at a much younger age than we might sometimes assume, and education efforts need to be directed toward that population.

"We have to move earlier," she said. "We have to think about adolescent girls."

Her work has resulted in her founding her own organization, HIP4Change, to provide community organizations and agencies with evidence-based, theoretically driven risk-reduction interventions. The agency aims to provide organizations with tested means of gathering information and targeting at-risk populations. The organization is now working with agencies in seven states and is in talks with three countries to implement and expand its practice of, in her words, "evidence-based intervention."

Dr. Morrison-Beedy closed the talk with a quote from Dr. Seuss's beloved fable of social change, *The Lorax*: "Unless someone like you cares a whole lot, nothing is going to get better, it's not."



Making a Difference in Nursing and Beyond

Sara Londono '13, MS '18

One of Adelphi University's latest 10 Under 10 alumni honorees, Sara Londono '13, MS '18, has come a long way from being an 11-year-old immigrant girl to a young woman who dreamed of becoming a nurse—and then became one.

Not only has Londono achieved her dream, she has returned to Adelphi's College of Nursing and Public Health to give back as an educator training others to become nurses as well.

"I am still calling this place my home—this time as an adjunct professor. I've come full circle: I started as a nursing student at Adelphi and now I teach nursing here."

In addition to teaching nursing students at the College, Londono treats patients in her role as a cardiac catheterization laboratory nurse at St. Francis Hospital.

On top of all that, Londono also does volunteer work with various groups, including serving the homeless and elderly, helping needy families during the holiday season, and serving as a member of Delta Gamma Fraternity in the Omicron Chapter at Adelphi. Moreover, she has been active in creating teams for the Strides for Stripes Walks to Fight Neuroendocrine Cancer—"a cause dear to my heart as my mother passed away from this disease," she said.

Londono describes her career thus far as "an amazing journey." She added, "Nursing is my calling. I truly believe it's what I was born to do... I feel honored every day to have the opportunity to shape the next generation of nurses."



CNPH Begins New DNP Program:

Dorothy Ferraro, DNP, director of the NP and DNP programs (far left), and Susan Zori, DNP, clinical assistant professor (far right), flank the first three students enrolled in Adelphi's new DNP program. The students are (left to right): Afeena Ali '12, MS '15; Suzette Powell '05, MS '17; and Ashley Schirmer '16, MS '19. Ali is also an adjunct faculty member.

Setting the Stage for Nursing's Future

CNPH Dean Elaine Smith '78, MS '88, EdD, laid out what nursing students and graduates can expect in their future careers—and what nurse leaders and educators must do to prepare them for the evolving world of nursing and healthcare.

In her remarks at the Nursing Leadership Conference on May 1, 2019, she said the event's theme—"Nursing Leadership: Future Challenges and Opportunities"—and the recently formed committee on the Future of Nursing 2030 indicate that "This is an exciting time for nursing."

That committee's recommendations, she said, "will chart a path for the nursing profession to help our nation create a culture of health, reduce health disparities, and improve the health and well-being of the U.S. population in the 21st century."

Areas to be explored, she said, include:

- The role of nurses in improving the health of individuals, families and communities by addressing social determinants of health
- Deployment of all levels of nurses across the care continuum, including collaborative practice models
- The profession's role in assuring that "the voices of individuals, families and communities are incorporated into design and operations of clinical and community health systems"
- The training and competency-development needed to prepare nurses, including advance practice nurses, to work outside of acute care settings, and to "lead efforts to build a culture of health and

health equity, and the extent to which current curriculum meets these needs"

- The ability of nurses to serve as change agents in creating systems that bridge the delivery of healthcare and social needs care in the community
- The research needed to identify or develop effective nursing practices for eliminating gaps and disparities in healthcare
- The importance of nurses' own well-being and resilience "in ensuring the delivery of high-quality healthcare and improving community health"

Consequently, both nurse leaders and educators, she said, will have to make "changes in the education of our next generation of professionals to equip them for a practice environment beyond hospital walls. The focus of care will expand to be more inclusive of chronic disease management, restorative, rehabilitative and palliative care—[with] all of this being leveraged through technology."

In thinking about tomorrow, she said, they will have to answer such questions as these: "How do we prepare practice-ready nurses? How do we marshal the power of mentoring? How do we continue to leverage technology and the new roles it creates for nurses? How do we as leaders take care of ourselves, so that we can take care of others?"

As Dr. Smith observed, "Envision what the future may hold. As a nurse leader, ask yourself the question, 'Will I be ready?' I hope the answer will be yes. Our students, patients and communities are counting on us."



Dr. Smith Also Foresees More Nontraditional Settings, But Fewer Faculty

Dr. Smith also did some crystal-ball gazing during her recent Q&A interview (see also page 22)—focusing on what she sees as "the main opportunities and challenges facing nurses today."

At a time when "job prospects are particularly bright for registered nurses and nurse practitioners," she said, "many new roles for nurses are developing in nontraditional settings. A variety of societal changes is driving tremendous growth in home health and public health nursing. Nurses also have increased opportunities to assist individuals in maintaining health and wellness."

She pointed to a number of areas of opportunity. "Their roles in rehabilitative and palliative care are also in demand. Nurse practitioners are expertly filling the gaps in primary care and expanding the mental health provider infrastructure. Nurses are engaged with healthcare technology at the bedside, in homes and remote monitoring centers. New areas of expertise in telehealth nursing are evolving."

In addition, she said, "Nurses will be more involved in disaster management and emergency preparedness as this specialty continues to emerge."

As for challenges, Dr. Smith said that a major one facing the nursing profession now is "the acute faculty shortage," which she described as "profound and deep"—and one that's "impacting the ability of schools to accept qualified candidates which, in turn, reduces the numbers of new graduates. With the demand for nurses outpacing the supply, the lack of faculty is at a crisis point. The profession must strive to increase the number of research doctorate graduates to fill faculty and nurse scientist roles."



Adelphi's Healthcare Informatics program launches its new online curriculum in Spring 2020.



Study abroad (above, right) plays a role in developing students' cultural competencies. Technology advances will involve robotics (above, left).

Preparing for the Future of Nursing 2030

By James Forkan

How can nursing fix America's ailing healthcare system? That's what the National Academy of Medicine's (NAM) Future of Nursing 2020–2030 consensus study is looking into. Toward that end, the College's faculty and administration continue to incorporate new ideas and approaches into their students' education.

NAM and the National Academies of the Sciences, Engineering and Medicine's Future of Nursing 2030 Committee, now gathering input, will develop recommendations for publication in late 2020.

Here are some ways the College is preparing its educators and students for what lies ahead:

CNPH will increase emphasis on **unconventional student placements.**

Besides placements at longtime hospital partners like Memorial Sloan Kettering, NYU Winthrop and St. Francis Hospital, Deborah Murphy '85, assistant dean for undergraduate programs, said two of CNPH's 264 capstone students in the Spring 2019 semester worked in the community—placed at the Mineola Department of Health and United Cerebral Palsy of Nassau County, Roosevelt, New York. Although Murphy

acknowledged that the students were disappointed at first because their experience would not be in a hospital like their peers, she pointed out to them that nurses will increasingly be working beyond hospitals because that's the future. Ultimately, she said, the students were happy with their placements.

More and more, students will be exposed to environments outside hospitals, including community settings and outpatient ambulatory care. Murphy, who developed a new ambulatory surgery student placement program at Northwell Health with Andrea McCrink, EdD, associate professor, last year, explained, "Healthcare is moving more to outpatient settings. There is a movement to have patients who need low-risk surgeries to have it performed in an outpatient setting."

Karen Mancini, PhD, Department of Nursing Specialties chair, said her

department—whose clinical courses include Community Health, Maternal Child Health and Mental Health—continues to "expand our academic and community partnerships to give students the opportunity to learn from nurses and health professionals who facilitate delivery of healthcare and social needs care in the community."

Senior students in the Community Health rotation, for instance, attend various sites, such as DaVita Kidney Care, the Long Island Alzheimer's Foundation and ProHEALTH Urgent Care Centers. Students also visit the surrounding community to examine the resources available to the population, she added.

Technology is transforming healthcare with informatics, robotics, simulation labs and electronic medical records—and CNPH is staying up-to-date on those advances.

CNPH faculty use innovative teaching pedagogies in both theory and lab courses, such as Victoria (see story, page 4), a high-fidelity birthing simulator that allows Maternal Health students to

participate in high-risk, low-exposure scenarios, Dr. Mancini said. Obstetrical hemorrhage and hypertensive illnesses of pregnancy are leading causes of maternal morbidity and mortality in the United States, especially in underserved populations, she pointed out.

Another growing trend is treating some ER patients at home. Johns Hopkins Medicine, Mount Sinai and the U.S. Department of Veteran Affairs have been studying that approach and found that ER patients treated in their homes have better outcomes than those treated in hospitals. Those at home tend to sleep better and be more active—with costs significantly lower.

Patients are examined remotely through a wireless patch tracking their vitals, transmitted to a computer screen at the hospital, then given appropriate medication or an IV by a staffer in the home. (Patients destined for intensive care would not qualify for such at-home care.)

Dorothy Ferraro, DNP, director of the NP and DNP programs, said, "Our aging population underscores the need for

nurses to be well versed in geriatric care with a focus on healthy aging and chronic care management." She noted that "in our state-of-the-art Clinical Education and Simulation Lab (CESiL), our graduate students are provided the opportunity to translate theory into practice and build competency in diagnostic reasoning and clinical decision-making. With advanced patient care manikins, simulators, telemedicine training and the use of virtual patients, lifelike situations are created in which students must think critically, respond appropriately and quickly, and make informed decisions."

Edmund J.Y. Pajarillo, PhD, department chair, graduate nursing studies, said, "Technology is causing sweeping changes so that the traditional roles of nurses might become outdated." For instance, the new definition of nursing informatics puts "increased emphasis on interprofessional education and collaboration. We have begun to focus on educating our nurses [on those aspects] but we need to do more and make it the core of our functioning." Thomas Virgona, PhD, associate professor of informatics, said that the

Healthcare Informatics program, which launches its new online curriculum in Spring 2020, is now emphasizing accreditation. "Adelphi's Healthcare Informatics program hopes to be one of the few accredited programs in the U.S. in the next few years." He added, "That effort is in conjunction with a highly successful practicum placement program, published research at conferences and a fully operational robotics lab in the Nexus Building."

Nearly every day, there are news headlines about growing **public health emergencies or concerns**, ranging from measles outbreaks and childhood obesity to opioid addiction and, most recently, e-cigarette vaping's dire impact on teenagers' lungs.

Maria-Pilar Martin, MD, assistant professor and director of the Master of Public Health program, said that NAM has long recommended that "medical professionals all have some exposure to public health."

That need only intensified with the spring 2019 outbreak of measles—a disease considered nearly eradicated in the United States a decade ago—that sparked a public health emergency declaration by New York City Mayor Bill De Blasio and eventually topped 1,240 cases in 31 states in September. Some 700 of those cases were in Brooklyn and Rockland County, New York, centered around the anti-vaccine Orthodox Jewish community.

That measles surge "was not a consequence of lack of access to healthcare, but of cultural and/or religious factors," Dr. Martin pointed out. "As our nation becomes more diverse and its healthcare needs change, it is imperative that students improve their cultural competencies and use the social determinants of health to inform their practice."

Cultural competencies are more important than ever in this era of growing immigration, legal and illegal.

"Students of nursing and public health have a prodigious opportunity to influence the future health of our nation by learning about and understanding the concept of social determinants of health (SDOH)," Dr. Martin said. Citing

the Office of Disease Prevention and Health Promotion's Healthy People 2020 initiative (HealthyPeople.gov), she said SDOH include such social and economic factors as access to education, jobs and affordable housing.

“

As our nation becomes more diverse and its healthcare needs change, it is imperative that students improve their cultural competencies and use the social determinants of health to inform their practice.”

—**Maria-Pilar Martin, MD,**
director of the Master of Public Health program

Besides working within communities in this country, nursing students can learn much from their study abroad experiences in Costa Rica, Guatemala and the Dominican Republic. Maureen

Roller, MS '01, DNP, who helped start study abroad at Adelphi, feels the faculty-led study abroad trips that CNPH students take during spring or winter break are great preparation for working with diverse populations here. "We always talk about cultural competency in our courses since New York is so diverse." But, she added, "Rather than just discussing it in a lecture and hoping students internalize, this is a lived experience for them."

Even within one of New York state's healthiest counties, there are significant health disparities in Nassau County's lower-income neighborhoods. In other words, as 2017 Buckley Scholars Lecture speaker Diana Mason, PhD, observed, "Your ZIP code may be more important to your health than your genetic code."

Reducing such disparities can lead to improved health and well-being, according to NAM.

Self-care is one recommendation Marissa (Lepore) Abram '08, PhD '17, said that she will focus upon as she readies her students for future changes. "It is vital that we integrate discussions about self-care which include strategies to recognize risks for burnout and compassion fatigue," she said, adding that nurses' well-being can impact their delivery of high-quality healthcare.

Related to that, Dr. Abram said, "Nurse leaders can have a significant impact on solving the growing problem linked to the opioid crisis within the profession. The first and most important part is to recognize there is a problem." She added, "Healthcare professionals are a subset of society—yes, we are humans too. We carry a higher level of risk to becoming addicted due to stress and accessibility to substances. The issue must be addressed immediately."

Whatever the changes, already underway or yet to come, one thing is certain. As Adelphi Trustee Leonard Achan '99, chief innovation officer and senior vice president of innovation and business development at the Hospital for Special Surgery, advised at the 2018 Leadership Conference, "Never forget that we in the healthcare industry exist because of patients. Keep them at the center of what you do. Always."

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"I was so fortunate to attend Adelphi University. I have included the College of Nursing and Public Health in my estate plans to help future Adelphi students achieve their educational goals."

—Dianne Wamsley

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Our students prepare for real-life situations in our state-of-the-art simulation labs.



Emergency Management

“Cross-Pollinating” Across Three Degree Programs, Two Colleges

By Choya Randolph, MFA '18

From natural disasters to power failures, Adelphi is committed to preparing students for professional crisis management. In 2003, Adelphi became one of the first higher education institutions to offer emergency management (EM) course work. Today the program offers master's, bachelor's and associate degrees in emergency management, as well as a graduate certificate.

The College of Nursing and Public Health and the College of Professional and Continuing Studies share the emergency management program, which now has 20 students (12 undergraduate, eight graduate) and more than 200 alumni. This allows students from different disciplines to learn how emergency management may play a role in their careers.

“In multiple ways, we're able to cross-pollinate between the emergency management program, nursing program and the public health program at those undergraduate and graduate levels,” said Kenneth C. Rondello, MD, clinical associate professor, who played a major role in the program's development.

The EM program can lead to careers in fields as diverse as homeland security and healthcare-related and environmental emergency management.

David Williams, EdD, director and clinical assistant professor, believes emergency management is something everyone should be familiar with.

“Name me one component of society that doesn't need emergency management,” he said. “Any place where people gather, emergency management is required to be considered for the safety of the people there.”

Dr. Rondello and Dr. Williams have extensive backgrounds in emergency management. The latter has helped out in various hurricanes, floods and wildfires, while Dr. Rondello is a 9/11 first responder who has traveled to emergencies in a dozen countries, from Ghana to Haiti.

Word about Adelphi's involvement in disaster preparedness is spreading. In February 2019, representatives from the Cabinet Secretariat of the Japanese National Resilience Promotion Office visited Dr. Williams to learn more about disaster preparedness.

The EM program has been offered fully online since 2008. Many interested students worked full time as nurses, first responders, paramedics and more. As a result, they weren't able to commit to a 15-week course on a specific day and time of the week.

Online availability gave students the freedom to earn their degree on their own time while also expanding Adelphi's geographical footprint.

“My students are essentially from all corners of the nation,” Dr. Williams said. “I have students in California who write to me about wildfires enclosing their hospital. I've had students talking about the blizzards in the Midwest.”

Adelphi has been able to take advantage of educational tools such as VoiceThread, a tool that allows professors and students to have a visual presence.

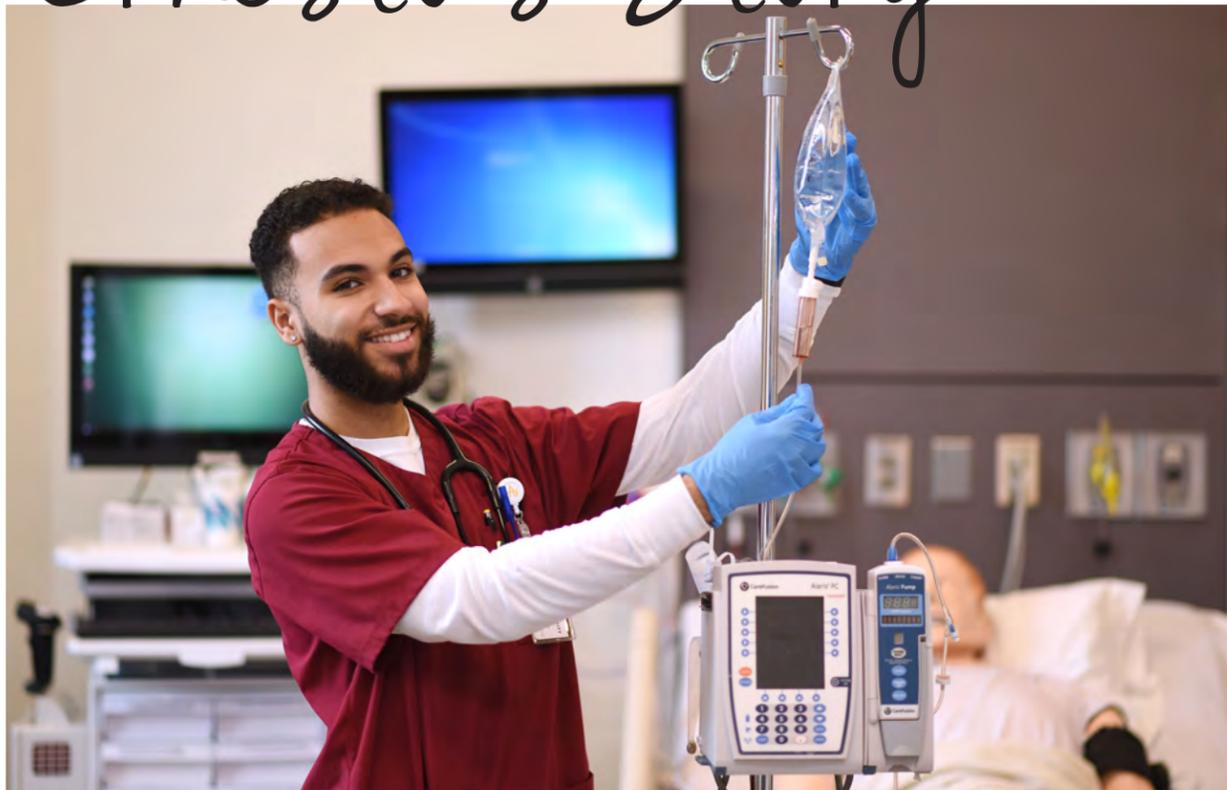
Many of the professors are active in their field and have worked with the U.S. Secret Service or on nuclear submarines and traveled to dozens of countries to apply their emergency management expertise. They deliver essential course materials and incorporate current events into the classroom, such as the anti-vaccine movement and the Spring 2019 measles outbreak.

“Being a professor at Adelphi, I'm able to leverage those experiences into opportunities for student learning that I wouldn't have otherwise if I didn't do these deployments,” Dr. Rondello said.



A Parent's Health Crisis Led Them to a Nursing Career:

Ernesto's Story



Ernesto Marcano Jr. '19

Discovering His Purpose

"I was always interested in the medical field, mainly because my father was diagnosed with multiple sclerosis when I was young. MS is an autoimmune disease that basically breaks down the protective coding of our nerves. I feel that nurses are the individuals in healthcare who truly help families such as mine. I knew I wanted to be that support system for others."

First Generation

Senior lecturer Sarah Eltabib was one of the greatest influences on him, Marcano recalled, "She was one of the first professors that I felt I could trust, in part

because she shared with me her story of being first generation [college student/graduate]." He said he also owes a lot of his personal development to belonging to the Latino Student Association, the Adelphi University Student Nurses Association, Pi Lambda Phi (where he was president in junior year and vice president-recruitment as a senior) and peer leader in the Summer Pre-College nursing program. They "prepared me to know when to observe, listen and, most importantly, lead when the time calls for it." Receiving the President's Student Leadership Award in 2018 was "my proudest accomplishment at Adelphi."

Flash-Forward

Marcano, who graduated cum laude, said that he recently accepted a nurse residency position at Vassar Brothers Medical Center in Poughkeepsie, New York. "Though my long-term goal is to end up working with the pediatric population, I'll be working in medical/surgical at Vassar, gaining the key experience needed to begin my career." During his clinical rotations, he said, "I fell in love with the pediatric population" at Cohen Children's Medical Center. "I think this is what I was meant to be."

Jessica Jacob '19

Lives Changed in an Instant

"My interest in nursing began during my second year at Adelphi, when my mother became paralyzed after being hit by a drunk driver. At the time, I was a biology major interested in a different career path. But when I saw the amazing care she received from her nursing staff, it immediately drew me to the nursing field. I am currently her primary caregiver, so I practice the nursing role daily."

Turning Lemons Into Lemonade

Her proudest accomplishment is being on Dean's List each semester she's been in the nursing program. "My grades improved dramatically" after switching to nursing. Becoming her mother's caregiver at age 19 was not easy. And yet, she said, "I was so proud that in

the hardest time of my life, my life was turned around with my newfound role as a caregiver... I was also proud of being recruited by Tylenol for their documentary about caregivers."

Tylenol also awarded her a Future Care Scholarship that will enable her to pursue a master's degree. "I would love to return to Adelphi" for that master's degree, Jacob said, but "I'm not sure at the moment because that may depend on the hospital I end up working at." She is interested in a master's degree in nursing education or the nurse practitioner field, she added, "but that, too, I won't know for certain until I actually begin working."

She said, "Dr. Marissa Abram has been my greatest help during my nursing

experience at Adelphi.... She showed me that I have more potential than I believed and provided me with opportunities and by inviting me to conferences, networking events and even to join her peer mentoring program within the nursing school."

Flash-Forward

Jacob, who graduated magna cum laude, now works in North Shore University Hospital's critical care fellowship program, in the neurological ICU. Her dream job: "To be an ICU or ER nurse to help critical patients like the nurses who once cared for my mother"—herself a former nurse. In addition, thanks to her experiences with CNPH faculty, she said, "I would love to earn further degrees and teach students in the future."

Jessica's Story



Q&A

Dean Elaine Smith



SHORTLY AFTER SHE WAS NAMED DEAN OF ADELPHI'S COLLEGE OF NURSING AND PUBLIC HEALTH IN MARCH 2019,

James Forkan interviewed Elaine (Kaupp) Smith '78, MS '88, EdD, about her priorities, her inspirations and more.

Returning to her alma mater in 2015 as associate dean of operations was "a dream come true." She became acting dean in January 2017 and interim dean nine months later. Overseeing the College now means "I could give back to the College that had given me so much," she said. In working with faculty, staff and administration to "co-create the next chapter," she said, "I can't think of a more exciting and rewarding role than serving as the new dean."

Dr. Smith was also featured in the 2013 edition of Adelphi's nursing newsletter while she was corporate vice president for nursing education at Northwell Health.

"I can't think of a more exciting and rewarding role than serving as the new dean."

—Elaine Smith

What are your priorities for the College?

I am committed to strengthening the research capacity of the College by providing additional support to faculty in the development of grants and research proposals. In particular, I hope to sustain and grow the emphasis on nursing education science, already a recognized strength of our faculty.

It is imperative that we focus on sustaining and enhancing the programmatic quality gains achieved in 2018. This includes pursuing the accreditation of our Public Health and Healthcare Informatics programs. Our Doctor of Nursing Practice program opened this fall, and I look forward to maintaining the outstanding PhD program that has been a hallmark of our College for 35 years.

I also envision greater emphasis on interprofessional collaboration in the design and implementation of new courses and programs.

Maintaining positive and productive relationships with our clinical agency partners and developing new ones will afford our students continued access to excellent experiential learning opportunities.

I would also like to increase our international relationships. Building on a history of strong scholarly exchange partnership with Jinan University in China, we have the opportunity to continue to grow and evolve in this regard. I would like to see more opportunities for service learning and study abroad for our students.

What inspired you to pursue nursing as a calling—and later to seek leadership roles at Adelphi and, before that, Northwell Health?

From the time I was a young teenager, I always wanted to be a nurse. Volunteering in hospitals from age 14 helped me to broaden my understanding of what roles nurses played in healthcare. I had a strong interest in and excelled in the sciences and enjoyed working with people, so nursing seemed a great career option. I also knew that there would be an opportunity to engage in teaching within the nursing profession—both with patients and, eventually, students. This was very appealing to me.

Nursing also offered such a wide array of specialties and different roles to consider. I was able to fulfill my dream of becoming a nurse, in part, because of the scholarships I was awarded from Adelphi. Having been the recipient of scholarships, I know how pivotal they can be in securing the education of so many students.

As my career progressed, I became deeply committed to the profession and healthcare in general. I was drawn to progressively more responsible leadership positions. I knew that nursing was centric to healthcare quality and that

continuing my education to graduate and doctoral study was imperative. Being part of a large healthcare system at Northwell Health afforded opportunities to develop and implement programs and processes that improved care for patients. Working side by side with outstanding interprofessional colleagues and expert clinicians gave me a deep appreciation for the power of teamwork and collaboration in achieving large-scale goals.

Do you have specific programs in mind that you want to add in the near future, undergrad and graduate?

Due to its rapidly changing nature, healthcare offers many opportunities for the development of new programs and courses of study. I see a profound shift from the extensive focus on acute inpatient care to preparing nurses and other professionals for work in community and public health settings. The changing societal demographics will call for clinicians with the necessary knowledge and skills to care for older populations. The demand for rehabilitative and palliative care will continue to grow, prompting a rethinking of the needed programs to prepare healthcare providers for these levels of care. I anticipate continued and growing demand for mental health practitioners with particular expertise in the treatment of addictions.

Technology has changed how and where we do our work. Programs to prepare clinicians and informaticists for their role in telehealth and remote monitoring capabilities will be increasingly important. The transformative impact of genetics and genomics will continue to shape healthcare as we know it.

We will continue focusing on programs preparing educators, administrators and researchers. New roles are emerging such as care managers and navigators, which will require an interprofessional approach to program development. One thing is certain—our graduates must be prepared to thrive in a complex, ever-changing environment. They will be caring for older, more diverse populations within a variety of healthcare settings and ever increasingly in the community.

In addition to formal academic program development, I would like to explore the development of microcredentials with our faculty. We will be innovating with a variety of program delivery mechanisms, and simulation-based learning will continue to be a cornerstone of our teaching/learning strategies.

Looking beyond work, what interests give you the most joy?

Over the past several years, I have made a point of engaging in more international travel. I enjoy visiting different countries and experiencing their respective cultures. My two most recent trips were to Iceland and Greece. I have been to China several times and would like to explore Portugal in the future. A trip to Australia and New Zealand is also on my must-do list.



Dr. Korede Yusuf: Helping Improve the Health of Vulnerable Populations

“We have a very diverse Master of Public Health program at Adelphi, with many international studies,” Korede Yusuf, PhD, said. “We encourage a global perspective that extends beyond the classroom and inspires future work that could help solve some of these pressing world issues.”

Dr. Yusuf began her professional career as a physician in her home country of Nigeria, committed to the treatment of pregnant women and their children. Dismayed by the preventable deaths she witnessed almost daily, she eventually concluded that the best way to help improve health among vulnerable populations would be to go into public health research and teaching.

Now, after earning a Master of Public Health and a PhD in epidemiology at the University of North Carolina at Chapel Hill and the University of South Florida at Tampa, respectively, she’s an assistant professor at CNPH, conducting studies that may lead to changes in the care provided women and children in low-income groups and underserved communities. She actively involves Adelphi students in her research, inspiring them to enter the field.

In just the past two years, Dr. Yusuf has published articles about health

insurance and access to skilled birth attendance in Togo, trends in reproductive health in Nigeria, the effects of childhood social and family support on mental health in adulthood, and colorectal cancer screening among vulnerable populations in Florida. Another paper, which updates research she conducted for her doctoral dissertation, has recently been published; it provides further data on the effect of folic acid supplements on the fetal growth of babies born in the United States to mothers who smoke.

“A lot has been done in the U.S. to make sure pregnant women quit smoking, but these interventions are not always effective,” she said. “I’m hoping this work will initiate more conversations about increasing folic dosage to improve birth outcomes for mothers who smoke.”

Dr. Yusuf recently received Adelphi’s Faculty Development Grant to do a qualitative study in Nigeria to identify feasible and culturally acceptable approaches to mitigating intimate partner violence (IPV) risk in Nigeria. “Part of what I will be doing includes interviewing high-risk subgroups of female victims and perpetrators of IPV in Nigeria to understand their behaviors, needs, preferences and values.

“By closely studying high-risk women, we will identify ways to reduce their risk and improve access to resources and services,” she explained.

At the same time, Dr. Yusuf teaches graduate courses in epidemiology and quantitative analysis, enhancing her classes with real-life examples and hands-on experiences.

“I put effort into identifying and utilizing up-to-date resources and technology in the classroom,” she said. “It is my goal to ensure that my students, irrespective of their learning styles, achieve the required competencies for the class and can apply concepts learned in real life and in their future career.”

Last January, Dr. Yusuf took about a dozen students to Guatemala, where lower respiratory infections are a leading cause of death. One reason these infections are common is that many poor, indigenous Guatemalans cook over open fires, sometimes very close to their living area, and inhale a great deal of smoke. A solution: Install simple wood-burning stoves in homes, which is something the Adelphi group did during their trip.

Our Nursing Uniform Through the Decades



1943–1946

1947–1960s



1970s



2005–2019



Today





“That moment changed my life in so many ways.”

Changing Direction to Transform Lives

Natalie Madray '13, MPH '19

Changing Paths

Natalie Madray came from an Adelphi family. Her mother—Amitra Madray, who got her bachelor's degree in natural sciences in 1981—as well as two aunts, a brother and a cousin graduated here with various majors. She got her own bachelor's degree in exercise science at Adelphi in 2013. But the very next year, she lost her father to a heart attack at a young age. “That moment changed my life in so many ways.”

She worked at North Shore University Hospital for almost two years, an experience that “led me to learn more about the gap in preventative care...I had a passion for health and well-being.” Then she discovered the public health field and chose to pursue a Master of Public Health. “Public health affects every aspect of our lives and health and prevention are vital in caring for our communities. We need to push for better food and stricter regulations.

“We need to advocate for those who need a little more help to become healthier and provide more preemptive care to make a change in the health of our communities.”

Moving Toward Her Dream

Last summer, she completed an internship at Northwell Health's Employee Wellness department, the first from the MPH program to intern there. That team is responsible for creating and implementing best practices research for the well-being of 60,000 Northwell employees.

Her proudest accomplishment? Becoming the Graduate Student Council's president and helping launch the Public Health Alumni Affinity Group, a joint venture of the Office of Alumni Relations, the MPH program and current students and alumni. For those achievements, she won the MPH Outstanding Community Service Award at Commencement. Maria-Pilar Martin,

MD, director of the MPH program, praised Madray as “my right hand. With her leadership skills and professionalism, she will be very missed.”

Flash-Forward

Madray—now working on a per diem basis in Northwell Health's Employee Wellness department and helping with program planning and outreach throughout the Northwell system—has been applying to Northwell for community health coordinator positions.

Her dream job? Forming her own public health consultancy so she could “develop innovative, effective programs that can change outcomes in high-needs communities.” Madray added, “My involvement in the Graduate Student Council and my graduate assistantship at the Health Services Center put me in proximity to my dream by giving me the tools to make my own way and become a knowledgeable professional.”

A Passion for Mentoring

Morain Lewis-King, MS '18

Her Back Story

Morain Lewis-King, who graduated with an MS in December 2018 at age 50 with a 4.0 GPA but officially graduated in May 2019, received the Dean's Master's Award for Leadership at Commencement. “I was chosen by the faculty and the dean,” she said, adding, “This award is presented to a master's student who has demonstrated an ability to translate knowledge into practice to advance the goals of the nursing profession.” Looking back on her Adelphi years, she said, “I like that the small class size was just what I needed for me not to be intimidated after being away from college for such a long time.”

She added, “My interest in NED [nursing education] developed from my passion of precepting and mentoring students who did their clinical education at

Memorial Sloan Kettering, where I have been working for many years. We have unit-based projects in our hospital and I enjoyed the collaborative work I did with nurses and others from various backgrounds and ages. To me, being able to relate well with people from various backgrounds is a critical element of an effective educator.”

She takes the most pride in having researched and completed her Capstone project on information processing in the age of proactive self-care, under the guidance of Professor Marilyn Klainberg '63, MS '77, EdD.

“Everything I learned from my coursework came together as I completed my project, ‘Information Processing in the Age of Proactive Self-Care’—which assesses preparing nurses

for practice and patient education and bridging the educational gap on proactive self-care, as well as the impact of big data information processing in the age of technology-driven healthcare.”

This from someone who started at Adelphi “feeling ambivalent about my technological and communication skills.”

Fast-Forward

Lewis-King currently works at Memorial Sloan Kettering Cancer Center in Manhattan as an RN/case manager. She said, “I plan on applying for a Nursing Professional Development Specialist (NPDS) position at Sloan Kettering.” She added that she's interested in that post because she wants to “assist new nurses to acclimate to their nursing career and help establish nurses with their competencies.”



Michiko Tomura, PhD '19:

Seeking Changes to Nursing Care in Japan— With Emphasis on Care



Michiko Tomura, PhD '19, with mentor Jane White, PhD

“I conducted most of my dissertation in Japan, and even though I was physically away from campus, I never felt isolated.”

—Michiko Tomura, PhD '19

“Dissemination of nursing research on an international level is reflected in the work of Michiko Tomura,” said Associate Professor Patricia Donohue-Porter, MS '78, PhD '87, director of the PhD program at CNPH. “Her goal has always been to influence caring pedagogy in her homeland when she completed her dissertation.”

Awarded the PhD during the May 2019 Doctoral Hooding Ceremony, Dr. Tomura has already influenced caring pedagogy in Japan, for instance, by helping to translate into Japanese the work of noted nursing theorist Jean Watson, PhD, who integrates caring and healing with educational and clinical practices in her book, *Human Caring Science: A Theory of Nursing*, 2nd ed., published in Fall 2014, and by coordinating an international conference on nurse caring in Hiroshima.

Both of those opportunities came about through building relationships at the

Japanese Red Cross Hiroshima College of Nursing (JRCHCN), where she has been a 14-year faculty member—and by being in the right place at the right time.

Dr. Tomura, now professor in psychiatric and mental health nursing at the college in Hiroshima, received her bachelor's degree from that same college in 1992 and a master's degree from the University of Illinois at Chicago in 1998. From 2000 to 2013, she had worked at the college in Hiroshima— whose educational philosophy is based on human caring and Red Cross principles. She then left to fully focus on her doctoral studies in the United States, at CNPH. In April 2018, she returned to Japan in her current post.

Mentored by Jane White, PhD, chair of her dissertation committee, Dr. Tomura said, “I conducted most of my dissertation in Japan, and even though I was physically away from campus, I never felt isolated. I've

always felt connected,” thanks to Dr. White's mentorship. “In addition, she gave me advice when I needed it, using the most appropriate bird's-eye or bug's-eye view, and provided clear direction and comments to improve the dissertation.”

Dr. Tomura pointed out, “I have been working in an academic environment that highlights human caring in education and research at JRCHCN.” So it was not a big leap to mental health nursing care in her doctoral dissertation, titled “Psychiatric-Mental Health Nurses in Japan: Empowerment, Moral Distress and Coping Strategies.”

She added, “I would like to continue to explore caring pedagogy [in Japan] by facilitating the cycle of research, practice, and theory in nursing education—for example, by incorporating theory into teaching practice. I also want to explore and test new teaching methodologies.”

WELCOME, NEW FACULTY



JACQUELINE (CARTABUKE) JOHNSTON
ASSISTANT PROFESSOR

Jacqueline (Cartabuke) Johnston, PhD '18, has joined the CNPH faculty as assistant professor in adult health after having served for 11 years as director of health services at Adelphi, until earlier this year. She was also adjunct faculty since 2014. Dr. Johnston earned a nurse practitioner master's degree in 2002 and a bachelor's degree in 1999, both from Stony Brook University. Dr. Johnston, a 2019 President's Award for Excellence recipient, “totally transformed the Health Services Center into a multidimensional ambulatory care center,” said Adelphi President Christine M. Riordan.



EDWIN-NIKKO R. KABIGTING
ASSISTANT PROFESSOR

Edwin-Nikko R. Kabigting, PhD, joins the CNPH faculty as assistant professor in the foundations in adult nursing practice department. Previously, he taught at Binghamton University at the undergraduate, graduate and doctoral levels in the areas of theoretical foundations, conceptual analysis, qualitative research, fundamentals of nursing, nursing assessment, simulation and community/public health nursing. He received bachelor's degrees in nursing and philosophy at the university, where he also earned a master's degree in community health nursing and a postgraduate certificate of advanced study in nursing education and a PhD in Nursing in 2019.



EDNAH MADU
ASSISTANT PROFESSOR

Ednah Madu, PhD '18, has become assistant professor in adult health at the College. She has been adjunct faculty since 2014. She earned a family nurse practitioner master's degree at SUNY Downstate Medical Center College of Medicine and Biomedical Sciences in 2006 and a bachelor's degree at York College in 1998. She has also been a family nurse practitioner at Elmhurst Hospital in New York City since 2006. Her research interests include psychosocial determinants of health and cardiovascular health nursing.

MPH Awards

Honorees at the May 17, 2019, Master of Public Health Awards Ceremony included:

Faculty Award for Outstanding Master's Project (Capstone):

Ikmat Adesanya for “A systematic review on the integration of an effective HIV and TB infection management in Africa: The models, benefits, effectiveness, barriers and recommendations”

Kahane Family Scholarship (Recipient is chosen by the director of the MPH program, Pilar Martin.):

Amanda Sendkewitz

Outstanding Academic Achievement: Students with the highest GPA (above 3.85):

Manjusha Gopi (4.0 GPA)
Cheril Lal (3.9)
Shyma Remy (3.88)

Outstanding Community Service:

Natalie Madray '13, MPH '19

Outstanding Research:

Fatima Doumbian and Avion Henry

Excellence in Academic Progress (for students who achieve a 4.0 during Fall 2018 or Spring 2019 semester):

Sahra Ibrahim and Chinedu U. Obioha

The following were 2019 inductees into the Alpha Omega Chapter of the Sigma Theta Tau International Nursing Honor Society:

Arthur Akperov
Edwin Albuquerque
Christopher Alianikian
Ayisha Allen
Laura V. Alzate-Jaramillo
Gary Anderson Jr.
Alyssa Argento
Caitlin Arias
Victoria Atieh
Sonia Augustine
Jacqueline Baret
Katrina Bautista
Erin Beatty
Alyssa Belmonte
Ethan Bravin
Elizabeth Butler
Alexandra M. Calvanese
Ari Cara
Nicole I. Carentz
Brooke Carruba
Melissa Castillo
Kesha I. Chatterpaul
Rubiyath Chy
Courtney Ciccione
Jacqueline P. Cohen
Sherry Cohen
Robin Coleman
Luisa Cortes
Jenna Danseglio
Leanne Debrosse
Marie N. DeCuzzi
Nicole Del Vecchio
Deanna M. Dempsey
Lisa Deochand
Riley Moore Devine
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Awa Diop
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Yong Zhen Leon Xu
Rosana Orellana Yanes



STUDENT HIGHLIGHTS

Student Honors and Awards

College of Nursing and Public Health students continue to shine. The following students received awards at the May 2019 Pinning Ceremony:

Adelphi University Student Nurses Association (AUSNA) Award

Sabrina Furia
Hannah Mansi

Bernard and Marilyn Klainberg Nursing Award

Kristin Arpa
Ethan Bravin

Dean's Master's Award for Leadership

Morain Lewis-King

Eileen M. Jacobi Registered Nurse Award

Stacy A. Daloia
Audra A. Mandarino

Justina Eisenhauer Mickiewicz Memorial Award

Edwin Albuquerque
Alexandra Pavese

Kathryn Wilgosz Chiddo Award in Pediatric Nursing

Lauren Catherine Sandelier

Linda (Rodwin) Tenenbaum Oncology Award

Kolline Schramm

Margaret T. Shay Honor

Jessica Jacob

Mildred Montag Award

Sherry Cohen

NACLI Nursing Award

Ryan O'Leary

Nursing Undergraduate Perseverance Award

Johanna Fitzpatrick

Outstanding Master's Project-Nursing

Ikmat Anuolwapo Adesanya

Peggy Ann Burleigh Award

Kaylee C. Wu
Ira Xamo
Yong Zhen Leon Xu
Michelle Yakubova
Rosana Orellana Yanes
Julie Yeung

The Ronnie E. Leibowitz Infection Control Award

Megan Matich

FACULTY HIGHLIGHTS

Faculty Peer-Reviewed Publications

Marissa Abram co-authored “The Patient’s Role in Patient Safety,” in press at *Obstetrics and Gynecology Clinics*. Abram was first author on a manuscript with **Maryann Forbes**, “High-Fidelity Simulation: An Application to Psychopharmacological Training for the Psychiatric Nurse Practitioner Student” in *Issues in Mental Health Nursing*, March 2019, 40(3).

Patricia Donohue-Porter first-authored, along with **K.C. Rondello** and others, “A Bridge to Nursing Leadership Communication Success: Impact of Leader-Member Exchange on Nursing Administrative Relationships” in *Nurse Leader*, October 2019.

Anne Marie Denis co-authored “Assessing for and Managing Chronic Insomnia in Primary Care Settings,” in the *Journal of Nursing Practice*, July 2019, 44 (7): 27-35.

Maryann Forbes first-authored “Arts-Based Reflection on End-of-Life: Student Narrative Analysis” in *Nursing Education Perspectives*, 68(2).

William Jacobowitz first-authored “Burnout and Resilience in Psychiatric Hospital Caregivers: A Cross-Sectional Study Using Mediation and Path Analyses,” in the *Public Health Open Journal*, December 2018, 3 (1): 20-28. He co-authored “A Study of the Use of Psychopharmacologic Agents by Acutely Medically Ill Older Adults” in *Issues in Mental Health Nursing*, May 2018, 39:5.

Mary Jahrsdoerfer co-authored “Identifying and Monitoring Respiratory Compromise: Report from the Rules and Algorithms Working Group” in *Biomedical Instrumentation & Technology*, March/April 2019, 53 (2): 110-123.

Shan Liu co-authored “Beliefs of Immunosuppressive Medication Among Chinese Renal Transplant Recipients, as Assessed in a Cross-Sectional Study with the Basel Assessment of Adherence to Immunosuppressive Medications Scale” in *Transplantation Proceedings*, April 2019, 51(3): 742-748.

Wei Liu first-authored “Recognition of, and Beliefs About Causes of Mental Disorders: A cross-sectional study of U.S. and Chinese undergraduate nursing students” in *Nursing Health Science*, March 2019, 21(1).

Zainab Osakwe first-authored “Activities of Daily Living of Home Healthcare Patients” In *Home Healthcare Now*, May/June 2019, 37(3): 165-173, and “Urinary Tract Infection-Related Hospitalization among Older Adults Receiving Home Healthcare” in the *American Journal of Infection Control*, online date-print: July 2019, 47 (7): 786-792.

David Parker co-authored “Standard Precautions Among Emergency Medical Services in Urban and Rural Areas” in the journal *Workplace Health and Safety*, October 2019.

Anne Peirce, Suzanne Elie, Annie George, M. Gold, Kathy O’Hara and **Wendella Rose-Facey** co-authored “Knowledge Development, Technology and Questions of Nursing Ethics” in the journal *Nursing Ethics*, April 2019.

Janet Raman co-authored “Variables that influence retention in registered nurse-bachelor of science students: A multisite longitudinal study” in *Teaching and Learning in Nursing*, October 2019, 14 (4): 303-308.

Tonya Samuel co-authored “Sex and Racial/Ethnic Differences in Sleep Quality and Its Relationship with Body Weight Status among US College Students” in the *Journal of American College Health*, April 2019, 30: 1-8.

Hasan Sapci first-authored “Innovative Assisted Living Tools, Remote Monitoring Technologies, Artificial Intelligence-Driven Solutions and Robotic Systems for Aging Society” in the *Journal of Medical Internet Research (JMIR) Aging*, November 29, 2019, 2 (2).

Jane White first-authored with **William Jacobowitz** “The Relationship Amongst Ethical Position, Religiosity and Self-Identified Culture in Student Nurses” in *Nursing Ethics*, November-December 2019, 26 (7-8): 2398-2412.

Korede Yusuf first-authored “Folic Acid Intake, Fetal Brain Growth, and Maternal Smoking in Pregnancy: A Randomized Controlled Trial” in *Current Developments in Nutrition*, April 4, 2019, and “Comparing Folic Acid Dosage Strengths to Prevent Reduction in Fetal Size Among Pregnant Women Who Smoked Cigarettes: A Randomized Clinical Trial” in *JAMA Pediatrics*, May 2019, 173 (5): 493-494. She co-authored “Predictors of Early Childhood Undernutrition in Nigeria: The Role of Maternal Autonomy” in *Public Health Nutrition*, August 2019, 22 (12): 2279-2289.

Selected Faculty Presentations

Patricia Donohue-Porter presented “Creative Contributions of Nursing Theory to Nursing Research and Practice” at the Long Island Jewish Medical Center Nursing Research and Evidence-Based Practice 10th Annual Conference, December 9, 2019.

Deborah Ambrosio-Mawhirter presented “Self-Improvement Plan Post High-Fidelity Simulation to Improve Patient Safety and Adjunct to the Debriefing Process” at the International Meeting on Simulation in Health Care Conference in San Antonio Texas, January 2019.

Zainab Osakwe presented “Factors Associated with the Use of Home-Based Hospice Services” as an oral presentation at the American Public Health Association’s Annual Meeting and Expo in November 2019 in Philadelphia, Pennsylvania.

Grants

Marissa Abram, Shan Liu and **Wei Liu** were awarded 2019 Internal Faculty Development Grants by Adelphi University—Abrams for “Perspectives of Recovery from Opioid Use Disorder,” Shan Liu for “The Use of Traditional Chinese Medicine During Conventional Treatment in Chinese Patients with Cancer,” and Wei Liu for “Improving Mental Health Literacy in Undergraduate Nursing Students: Does Virtual Simulation Help?”

Adjunct Faculty: Part Time, But Fully Committed

By Choya Randolph, MFA '18

The College of Nursing and Public Health has more than 250 adjunct faculty members. We asked a few of them what brings them the most satisfaction.

Susan Kessler, MA '07

Degrees: BS/CUNY in Nutrition (1990), and MA/Adelphi in Community Health Education (2007)

15 years teaching at Adelphi

“I am passionate about the critical importance of nutrition in the prevention of disease and the benefit that healthy food provides in promoting healing. Knowing that I am transmitting those values to our nursing students gives me great satisfaction.”

Michael Muccio

Degrees: BS/Stony Brook University (2006), BS/Molloy College in Nursing (2008), MS (2015) and MBA (2016)

Three years teaching at Adelphi

“I am greatly satisfied when I see that my students ‘get it.’ They understand the material and its level of importance in the healthcare field.”

Lucy Mensah, MSN '12

Degrees: BS/York College (1995), MS/Adelphi in Adult Nurse Practitioner (2012) and an Adelphi PhD candidate in Nursing

Research due to graduate in 2020

Seven years teaching at Adelphi

“Teaching gives me the platform to share my passion and expertise with my nursing and nurse practitioner students. As a teacher, I give my students the skills they need to go into the world and succeed.”

Virginia Oates '79

Degrees: BS/Adelphi (1979), MS/New School in Gerontological Services Administration (1986), MSN/Molloy College (2010), DNP/Case Western Reserve University (2017), postbaccalaureate certificate in gerontology/Adelphi (1981)

Seven years teaching at Adelphi

“I enjoy teaching at Adelphi because I feel that the College of Nursing and Public Health promotes my academic endeavors and helps me to develop my skills as an educator and researcher.”

ALUMNI UPDATES

'60s

Barbara (Bobbie) Weinstein Willens '69 is semiretired from her position as clinical director of Suburban Outpatient Surgery Center and is actively involved in volunteer activities in her community. She and her husband of nearly 50 years, Neil Willens '68, enjoy their two daughters and four grandchildren.

'70s

Michael Luna '75 received an MPA from Long Island University in 1982 and a DNP from Case Western University in 2010. He currently resides in Pennsylvania and is a nursing supervisor at HCR Manor Care.

Gloria Lagana Bernard '76 received an MSN from the University of Texas at Houston in 1984 and a post-master’s certificate in Adult Nurse Practitioner from the University of Alabama at Birmingham in 1988. She is currently an adult nurse practitioner in Fort Worth, Texas.

'80s

William Krasner '82 earned an MBA in healthcare administration and a JD, and became a licensed attorney. He is a member of the American Association of Nurse Attorneys and is working toward an MSN Family Nurse Practitioner designation. An administrative director for Inspira Health Network, he just completed a medical mission to the Dominican Republic.

Stephanie Lotito Roseti '87 received an MSN in 1997 and is presently a clinical scientist director in drug development at MedImmune. She co-authored an article, “Tezepelumab in Adults with Uncontrolled Asthma,” which was published in the *New England Journal of Medicine* in 2017.

'90s

Joyce Anastasi, PhD '91, recently received a National Institutes of Health (NIH) Award to perform research.

'00s

Matthew Aiken, MS '09, was certified as a national healthcare disaster professional by the American Nurses Credentialing Center and now works for Kaiser Permanente as the regional director for emergency management.

'10s

Shawnee Purdy, MS '16, currently a nurse practitioner at Northwell Health, was selected to be a Jonas Scholar by the National League of Nursing for 2018–2020. She has also received a scholarship to pursue a DNP. Her area of focus is on environmental factors and cancer risk.

SHARE YOUR NEWS

Have you gotten married? Changed jobs? Been promoted? Started a family? Fulfilled a lifelong dream? Moved to a new location? Visit adelphi.edu/classnotes to add your class note.

Our Advisory Board

The 13 College of Nursing and Public Health Advisory Board members have amassed nearly a century of service to the College.

Of those, the six members serving on the board the longest (six years or more) account for the lion's share of those years.

Jerry Landsberg said he has served on the CNPH Advisory Board for more than 40 years, dating back to 1979. He joined the original board started four decades ago by Jacqueline Rose Hott '89, and is the only member of that board who is still serving.

Landsberg described his work on the board as "very gratifying." It's hard to cite his greatest accomplishment since the board's role is "more of a collective thing," rather than individual, he noted. If he could point to one thing, he said, it would "probably be encouraging the professors and the dean to continue their good work."

He said that the Nexus Building, which opened in Fall 2016, was "very needed and well deserved" by the College. The old Alumnae Hall, which once was a dormitory building for the U.S. Cadet Nurse Corps, was "very inadequate," he added.

Today, he said, Dean Elaine Smith '78, MS '88, EdD, is "looking more and more [to the board] for advice and opinions, and she seems to be taking them to heart." Frank Gumper has worked with Adelphi for more than a decade, first brought in by its former president, Robert Scott, PhD, to help on Office of University Advancement campaigns.

When former CNPH Dean Patrick Coonan '78, EdD, decided to revive the

advisory board, "I was asked by him to join," said Gumper, who has been a Verizon Communications executive and a board member of the Lamont-Doherty Earth Observatory.

As for accomplishments, Gumper said, "I felt the advancement department should focus more on getting nursing alumni to contribute directly to the College. I feel this effort has borne fruit over the past few years, as can be seen by the dramatic increase in endowed scholarships given each year to nursing students."

Looking ahead, Gumper felt, "Now that Elaine has been made dean, the board will become more active and she will be willing to move the board in new directions. I have been a member of the advisory board for over a decade and plan to work with her as she takes the board in new directions."

Gumper said, "I got associated with nursing as a way to honor my mother's memory after she passed away" in 2002, with the B. Loretta Gumper vomLehn Memorial Scholarship. She was an alum from the Class of 1967.

Longtime advisory board members Veronica Groth '84, Lori Ginsberg '76 and Ronnie Leibowitz '61 are CNPH alumnae—as are five newcomers who came aboard within the past two years: Leslie Marentis '78, Kathleen Masiulis '78, MS '85, Carolyn Quinn '87, Dianne Wamsley '84 and Eileen Williamson '85.

The 13-Member CNPH Advisory Board

Member	Year Joined
Jerry Landsberg	1979
Frank Gumper	2010
Robert Keane	2011
Veronica Groth '84	2011
Lori Ginsberg '76	2011
Ronnie Leibowitz '61	2013
Gregory LaSpina	2014
Victoria Schneps-Yunis	2014
Leslie Marentis '78	2017
Kathleen Masiulis '78, MS '85	2017
Carolyn Quinn '87	2017
Dianne Wamsley '84	2018
Eileen Williamson '85	2018



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