A Parent’s Health Crisis Led Students to a Nursing Career

NEW DEAN

ELAINE L. SMITH

Leading Nurses Into a Changing Future
FROM THE DEAN

PREPARING OUR NEXT GENERATION

This issue of the College of Nursing and Public Health’s magazine arrives just in time to welcome in 2020, the World Health Organization’s Year of the Nurse and Midwife.

I am delighted to share updates with you on the exciting work of our faculty and students as we prepare to meet the challenges of the coming decade.

Throughout these pages, you will find descriptions of how Adelphi faculty are preparing our next generation to thrive in the evolving world of nursing and healthcare. I think you will find their accomplishments impressive. Also, you will meet some of our inspiring students as they share their personal stories, motivations and aspirations for the future.

This issue recognizes several individuals who have made substantive contributions to the mission of our College. The members of our CNPH Advisory Board are acknowledged for their years of dedicated service to the College. So often unsung heroes, several of our adjunct faculty describe their commitment to teaching at Adelphi.

It is with gratitude and anticipation that I look forward to co-creating the future of our College together with its faculty, staff and students.

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On The Cover
Elaine L. Smith, College of Nursing and Public Health dean, photographed in the Nexus Building

The College of Nursing and Public Health Newsletter is published annually by the Office of University Communications and Marketing and the College of Nursing and Public Health.
Mama Mia! Maternal Simulator Gives Birth to More High-Impact Experiences

There’s a new patient in the Adelphi nursing program’s simulation lab. She’s Victoria, a state-of-the-art childbirth simulator. With anatomically correct features, she can simulate a complete range of situations that nurses may face in the delivery room, from routine neonatal care to obstetric emergencies.

Victoria is just the latest addition to the growing number of hands-on learning opportunities Adelphi provides—and the first birthing simulator of its type in nursing programs on Long Island.

Victoria arrived in the sim lab in March 2019, welcomed by her own birthday party. The simulator is incredibly realistic. Her eyes can even focus on the student nurses, giving them the ability to assess eye movement for signs of stroke, head trauma, drug use and other conditions.

The birthing simulator has two baby manikins, each designed for different scenarios. Together, they provide training in managing complications like shoulder dystocia, umbilical cord prolapse, breech delivery and postpartum hemorrhage.

Victoria joins the highly sophisticated pediatric, newborn, child and adult manikins already in place in the Nexus Building’s 22-bed simulation lab. The training students gain in the lab is extremely important, as it not only supplements and enhances their required clinical hours but provides experience in situations they may not encounter in their rotations in healthcare facilities.

“These devices can simulate about any situation that healthcare providers face in the real world,” said Anthony Egan, director of the Clinical Education and Simulation Lab.

Our Newest NY Academy of Medicine Inductees

Since 2015, seven faculty and administrators from Adelphi’s College of Nursing and Public Health have been inducted into the prestigious New York Academy of Medicine (NYAM). In November 2019, two more joined their ranks: Maryann Forbes, PhD ’99, and Keiko Iwama, PhD ’18.

Dr. Forbes is associate dean for academic affairs, Dr. Iwama an adjunct faculty member.

“I am delighted that both Dr. Forbes and Dr. Iwama have been recognized for their significant professional contributions by the New York Academy of Medicine.”

College of Nursing and Public Health Rises in 2020 USN&WR Rankings


When U.S. News & World Report, one of the leading sources for reviewing colleges across the country, released its 2020 rankings for Best Graduate Schools in March 2019, it showed CNPH ranking 115th in the U.S. for Best Nursing Schools: Master’s.

For the Best Nursing Schools rankings, U.S. News surveyed the 584 nursing schools with master’s degree or doctoral programs accredited by either the Commission on Collegiate Nursing Education or the Accreditation Commission for Education in Nursing. In total, 279 nursing programs responded to the U.S. News nursing statistical data collection. The programs are judged by a number of factors, including mean undergraduate GPA of entering students, faculty credentials, student-to-faculty ratio and the proportion of faculty members who were in active nursing practice.

CNPH Dean Elaine Smith ’78, MS ’88, EdD, had been interim dean for the past two years and was appointed dean in March 2019. “Dr. Smith has done an exemplary job of managing tremendous growth and expansion in the College of Nursing and Public Health,” said Steve Everett, DMA, Adelphi’s provost and executive vice president.

Violence Was a Theme in Two Entries Honored at the 2019 Research Conference

Fifteen of the nearly 40 CNPH entrants in Adelphi’s 2019 Research Conference on April 17, 2019, came away with honors.

All told, more than 400 students participated in the 16th annual Research Day, which is all about “the excitement of academic discovery,” as the event’s website put it.

Violence figured into two of the presentations that were singled out for recognition.

Sahra Ibrahim won “outstanding graduate presentation” for her oral session titled “Association Between Domestic Violence During Pregnancy and Pregnancy Outcomes in Afghanistan.” Her faculty CNPH adviser: Kordel Yusuf, PhD.

“Violent Events in Healthcare” was the winning e-poster presented by Luke Homer, Marie Diamandis, Michael Mayer and Amanda Smock; they won “outstanding presentation, undergraduate.” Faculty adviser: Clarice Hauser.

An honorary mention went to Monica Rosenberg, Shivan Ramasrian ’19, Emily Power, Marjan Karimzada, Freshta Karimzada and Guy Backlund for “The Effects of a Barbell Strength Training Program on Reducing the Fall Risk and Fall-Related Injuries in the Frail Elderly.” CNPH faculty adviser: Janet Raman ’00, MS ’04, EdD.

In the e-poster session, the “outstanding presentation, graduate” went to Joseph Brennan, Neeta Jadoonath, Natsalia Luchinskaya and Kim Smith for “In adults, what is the effect of clinically indicated replacement of peripheral venous catheters versus every four days (routine) on intravenous complications?” Faculty adviser: Charles Cal ’95, MS ’01, MBA ’03.

“Faculty and students have worked collaboratively in their scholarly endeavors,” said Matthew Wright, PhD, Research Conference committee co-chair and associate professor and chair, Department of Physics. “Each year, outstanding scholarship and creative works have been presented as undeniable proof of Adelphi University’s ongoing commitment to excellence.”

College of Nursing and Public Health Rises in 2020 USN&WR Rankings
Adelphi Honored for Excellence in Nursing Education

For the second time, Adelphi University’s College of Nursing and Public Health was designated by the National League for Nursing (NLN) as a Center of Excellence in Nursing Education. 

Besides being one of 10 nursing programs from across the country and the academic spectrum of higher education in nursing, leading teaching hospitals and clinical sites announced in August 2019 as a Center of Excellence (COE) in Nursing Education for 2019–2024, the College was the only one cited by the NLN this year specifically for Advancing the Science of Nursing Education.

“Centers of Excellence help raise the bar for all nursing programs by role modeling visionary leadership and environments of inclusive excellence,” said National League for Nursing CEO Beverly Malone, PhD.

Five years ago, Adelphi was first named a COE by the NLN for 2014–2018.

Elaine Smith ‘78, MS ‘88, EdD, dean of the College of Nursing and Public Health, said this recognition “indicates a commitment by the organization as a whole to pursue and sustain excellence in a selected area. I am honored that our College has received this distinction. It is a tribute to the excellence of our faculty and their commitment to the science of teaching and learning.”

Dr. Smith emphasized that CNPH was the only school in the country to receive distinction in the Advancing the Science category this year.

Presenters Explore Wide Range of Topics at ENRS

Adelphi’s College of Nursing and Public Health presenters’ topics at the Eastern Nursing Research Society’s 31st annual Scientific Sessions ranged from pain management, hypertension and end-of-life care to nurses caring for mothers and newborns during Hurricane Sandy and facets of nursing education.

The contingent from CNPH accounted for 14 of the 700-plus attendees at the April 2019 ENRS at the Rhode Island Convention Center in Providence.

That included seven CNPH faculty members (five of them presenters), a recent PhD grad presenter, five doctoral candidates (one presenting)—and the College’s first undergraduate presenter, Sherry Cohen ‘19.

The overall theme for this year’s ENRS event was “Transforming the Future of Nursing Research: Innovation, Imagination and Engagement.”

In the 83 posters category, Cohen, who graduated in May, presented on “Initiation of Early Enteral Nutrition vs. Delayed Enteral Nutrition in Acute Pancreatitis.”

There were several nursing education-related presentations. With “Integration of a Mobile-Device Classroom Response System into an Online Nursing Environment: Enhancing Student’s Imagination, Classroom Engagement, Innovative Thinking and Learning,” Edmund J.Y. Pajarro, PhD, associate professor and department chair, and Daniel B. Kaplan, PhD, assistant professor at Adelphi’s School of Social Work, focused on introducing innovations through classroom response systems to nursing education.

Patricia Donohue-Porter, MS ‘78, PhD ’87, director of the PhD program at CNPH, discussed strategies to assist in the transition from student to PhD candidate.

Karen Manconi, PhD ’16, chair of CNPH’s Department of Nursing Specialties, presented on “Growth Through the Storm: Perinatal Nurses’ Experiences of Hurricane Sandy.”

She said YES!

There was breaking news during Adelphi University’s 123rd Commencement event at the Nassau Veterans Memorial Coliseum and during the live video stream on Adelphi’s website in May 2019. Nearly 2,000 graduates marched but one definitely stood out. As Krystal Richards, MS ’19, walked slowly in the CNPH segment of the event, she was interrupted when now-fiancé Fabian Morgan approached, got down on one knee and proposed. With President Christine Riordan, CNPH Dean Elaine Smith and Adelphi Board of Trustees Chair Ronald Lee ’67 looking on as he slipped a ring on her finger, she said yes! She was vowing to marry with 3 million-plus views on social media.

Later, Richards said, “This will be a day I will never forget.” She also revealed her newly revised list of goals: “Next up—boards, new job, then wedding planning.”

Our Students Take Part in Health Fair

Clinical instructors and community health nursing students from the College of Nursing and Public Health recently conducted a health module for 800 Elmont Memorial Junior-Senior High School students in grades 7-12.

Created by Patricia Faquet, clinical assistant professor, in collaboration with Suzanne Pugh, LMHN, Elmont Memorial social worker, the April 2019 event was presented in an innovative health fair format. Each clinical group was assigned two health topics. They also created educational poster boards and handouts for the students.

The high schoolers, who came to the school gym at staggered times for the event, were given the presentation topics and told by their teachers to prepare three unique questions to ask the CNPH students. The Elmont faculty later administered a post-event test.

The College plans to make this an annual event. In addition, its clinical placement office is n. w. exploring the possibility of a clinical rotation at the Elmont high school.

We had bigger goals and bigger dreams for our third annual Giving Day on Wednesday, March 27, 2019: to double last year’s total to $150,000. We not only met that goal, we exceeded it.

More than 900 donors responded to our call, showing true Panther spirit and pride—in Garden City, at alumni gatherings in New York City, Washington, D.C., and Pompano Beach, Florida, and online.

Visit givingday.adelphi.edu for the full details.
Sim Wars
This competition is among CNPH senior students, divided into teams of four. Judges—behind a two-way mirror in the Nexus Building’s Clinical Education and Simulation Lab (CESiL)—score the teams once they enter a “blind” simulation and perform nursing assessments and interventions on their patients. This second annual event took place on May 2, 2019.

Said on Campus
During “History Speaks: A Conversation With Former Cadet Nurses”—a centerpiece event of Adelphi’s Nurses Week—two U.S. Cadet Nurse Corps veterans took their audience on a journey back in time to when nursing schools were few and hospital equipment was comparatively primitive.

“Your have all this wonderful equipment we didn’t have. We learned to be creative.”
—Claire (Kantoff) Shulman ’46

“History of War”
“We were at war at the time. The idea of service…is one of the major legacies of the corps.”
—Mary Dewar, cadet nurse veteran and former faculty

Ken the Therapy Dog
At the Friends Fur-Ever event, our campus community got to meet a service dog named Antoinette as well as Ken (photo) and Barbie from Therapy Dogs of Long Island.

Diversity Among CNPH Faculty

Hats Off to Adelphi’s Baby Hats Initiative
The Graduate Student Council (GSC) and Student Government Association (SGA)’s baby hats initiative collected 200 hats and clothing items in late 2018—double their goal. The items went to infants in neonatal intensive care units of two underserved hospitals in Nepal and Guyana. Now, they’re considering an effort on Haiti’s behalf.

The idea for the Adelphi University baby hats initiative came from Maria-Pilar Martin, MD, assistant professor and director of the CNPH Master of Public Health program, who said this was a one-time effort. But Dr. Martin, who devotes time to volunteering in underserved communities around the world through her nonprofit organization, International Health Connection (IHC), said in December 2019, “Currently, we are considering a possible initiative to support an orphanage and medical facility in Haiti with medicines and other supplies.”

Dr. Martin reached out to her students for volunteers to sew, knit or collect baby hats and other gently used clothing. Natalie Madray, MPH ’19, then-president of Adelphi’s GSC, and Manjusha Gopi, GSC programs and activities representative, answered the call to action, joining forces with the SGA.

The items were donated through the IHC to hospitals and organizations including the International Children’s Heart Foundation, benefiting the Georgetown Public Hospital in Guyana, and the Public Health Concern Trust, benefiting Kirtipur Hospital in Nepal.

Leadership Conference: New Nurses Must Think Fast in Crises

By Kurt Gottschalk

The message coming out of Adelphi’s Nursing Leadership Conference on May 1, 2019, was that the profession needs to take action to protect and improve its reputation, but that nursing schools also need to produce graduates better able to live up to that reputation.

The 15th annual Leadership Conference, cosponsored by the Adelphi University College of Nursing and Public Health and Sigma Theta Tau International’s Alpha Omega Chapter, took place at The Garden City Hotel.

Morning talks by Patricia Benner, PhD—professor emerita, University of California San Francisco, Department of Social and Behavioral Sciences, and currently chief faculty development officer of EducatingNurses.com—and Patricia Hooper Kyriakidis, PhD, NovEx Novice to Expert Learning, Nashville, Tennessee—emphasized that we are graduating students who are book-smart but ill-prepared to live up to the challenges of the profession.

“All leaders in healthcare are riding white water these days,” Dr. Benner said, speaking via live video. “Things are changing very, very fast.”

In a highly competitive and rapidly changing technological environment, she said, students are learning the facts of the field but they’re not learning to think on their feet, she said. As a simplified example, she noted that we are preparing nursing students to take ownership of evaluating and solving patient situations based on real cases, but that identifying the shortcomings in lab simulation classes need to be invisible.

Industry leaders need to “give public language to what we’re accomplishing,” she said. “It’s dangerous for nursing to be invisible.”

In a talk titled “Preparing Practice-Ready Nurses: A Mandate for the Future” following Dr. Benner’s videoconference, Dr. Kyriakidis underscored the lack of practical training for nursing students. She emphasized the problems it can cause them on their first job when they’re not ready for the job.

“The stress and alienation that occurs when younger nurses aren’t practice-ready becomes personalized, rather than understanding that the training was not there,” she said.

Dr. Kyriakidis has written extensively about practice-readiness and in her talk acknowledged Dr. Benner’s work on the subject. She specifically cited a 2009 Carnegie Study co-authored by Dr. Benner, titled “Educating Nurses: A Call for Radical Transformation,” that identified the shortcomings in classroom education. “We haven’t changed the way we teach” in the decade since the study was published, she noted.

Lab simulation classes need to include unprompted, unfolding patient situations based on real cases and conducted without prompting questions, she said. Students need to learn on their feet, she stressed. “If we don’t set the students up to problem-solve, we will not produce practice-ready nurses.”

BUCKLEY LECTURER: Teens Must Learn HIV Info Sooner

By Kurt Gottschalk

Public health outreach necessarily involves a fair amount of counseling and advising, but that doesn’t mean the practitioner’s advice is being taken. That dilemma, and one way of going about solving it, was the subject of a talk given by Dianna Morrison-Beedy, PhD, RN, at the 14th annual Buckley Scholars’ Lecture and Luncheon.

“We do an awful lot of telling in nursing,” said Dr. Morrison-Beedy, chief talent and global strategy officer and centenarian professor of nursing at the Ohio State University College of Nursing, who received a round of knowing laughs from the assemblage of healthcare practitioners at The Garden City Hotel on March 27, 2019. “We gave them information about prevention, they understood it, so I’m sure it’ll work.”

Dr. Morrison-Beedy first became aware of that division between thought and action, she said, when she was working as a licensed practical nurse or LPN. Her young patients were coming back to her requesting pregnancy and sexually transmitted infection tests. “I must not be doing that great a job, because I know I told them to use a condom,” she recalled thinking at the time.

The experience led her to pursue her doctorate and to devote her work to understanding how to better ensure that the information nurses pass on is taken to heart.

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Her talk, titled “Risk Reduction: Developing and Moving an Evidence-Based Intervention,” outlined her work as she came to understand and put into practice better ways of making sure people don’t just know, but that they do.

People make decisions about sexual health that can “throw off the est of your life,” she noted. “There are reasons why people do certain behaviors even if they know health-wise they shouldn’t.”

The risk of contracting HIV is the most dramatic, if not the most common, example. Dr. Morrison-Beedy said that exposure to the virus generally occurs 10 years prior to a positive test result. If women are testing positive in their 20s or early 30s, then they are being exposed to the virus at a much younger age than we might sometimes assume, and education efforts need to be directed toward that population.

“We have to move earlier,” she said. “We have to think about adolescent girls.”

Her work has resulted in her founding her own organization, HIP4Change, to provide community organizations and agencies with evidence-based, theoretically driven risk-reduction interventions. The agency aims to provide organizations with tested means of gathering information and targeting at-risk populations. The organization is now working with agencies in seven states and is in talks with three countries to implement and expand its practice of, in her words, “evidence-based intervention.”

Dr. Morrison-Beedy closed the talk with a quote from Dr. Seuss’s beloved fable of social change, The Lorax: “Unless someone like you cares a whole lot, nothing is going to get better, it’s not.”

—Dr. Seuss, The Lorax
Making a Difference in Nursing and Beyond

Sara Londono ’13, MS ’18

One of Adelphi University’s latest 10 Under 10 alumni honorees, Sara Londono ’13, MS ’18, has come a long way from being an 11-year-old immigrant girl to a young woman who dreamed of becoming a nurse—and then became one.

Not only has Londono achieved her dream, she has returned to Adelphi’s College of Nursing and Public Health to give back as an educator training others to become nurses as well.

“I am still calling this place my home—this time as an adjunct professor. I’ve come full circle: I started as a nursing student at Adelphi and now I teach nursing here.”

In addition to teaching nursing students at the College, Londono treats patients in her role as a cardiac catheterization laboratory nurse at St. Francis Hospital.

On top of all that, Londono also does volunteer work with various groups, including serving the homeless and elderly, helping needy families during the holiday season, and serving as a member of Delta Gamma Fraternity in the Omicron Chapter at Adelphi. Moreover, she has been active in creating teams for the Strides for Stripes Walks to Fight Neuroendocrine Cancer—a cause dear to my heart as my mother passed away from this disease,” she said.

Londono describes her career thus far as “an amazing journey.” She added, “Nursing is my calling. I truly believe it’s what I was born to do. . . . I feel honored every day to have the opportunity to shape the next generation of nurses.”

CNPH Begins New DNP Program:

Dorothy Ferraro, DNP, director of the NP and DNP programs (far left), and Susan Zori, DNP, clinical assistant professor (far right), flank the first three students enrolled in Adelphi’s new DNP program. The students are (left to right): Alena Ali ’12, MS ’16; Suzette Powell ’05, MS ’17; and Ashley Schmirer ’16, MS ’18. Ali is also an adjunct faculty member.

CNPH Dean Elaine Smith ’78, MS ’88, EdD, laid out what nursing students and graduates can expect in their future careers—and what nurse leaders and educators must do to prepare them for the evolving world of nursing and healthcare.

In her remarks at the Nursing Leadership Conference on May 1, 2019, she said the event’s theme—“Nursing Leadership: Future Challenges and Opportunities”—and the recently formed committee on the Future of Nursing 2030 indicate that “This is an exciting time for nursing.”

That committee’s recommendations, she said, “will chart a path for the nursing profession to help our nation create a culture of health, reduce health disparities, and improve the health and well-being of the U.S. population in the 21st century.”

Areas to be explored, she said, include:

• The role of nurses in improving the health of individuals, families and communities by addressing social determinants of health

• Deployment of all levels of nurses across the care continuum, including collaborative practice models

• The professor’s role in assuring that “the voices of individuals, families and communities are incorporated into design and operations of clinical and community health systems”

• The training and competency-development needed to prepare nurses, including advance practice nurses, to work outside of acute care settings, and to “lead efforts to build a culture of health and health equity, and the extent to which current curriculum meets these needs”

• The ability of nurses to serve as change agents in creating systems that bridge the delivery of healthcare and social needs care in the community

• The research needed to identify or develop effective nursing practices for eliminating gaps and disparities in healthcare

• The importance of nurses’ own well-being and resilience “in ensuring the delivery of high-quality healthcare and improving community health”

Consequently, both nurse leaders and educators, she said, will have to make “changes in the education of our next generation of professionals to equip them for a practice environment beyond hospital walls. The focus of care will expand to be more inclusive of chronic disease management, restorative, rehabilitative and palliative care—with all of this being leveraged through technology.”

In thinking about tomorrow, she said, they will have to answer such questions as these: “How do we prepare practice-ready nurses? How do we marshal the power of mentoring? How do we continue to leverage technology and the new roles it creates for nurses? How do we as leaders take care of ourselves, so that we can take care of others?”

As Dr. Smith observed, “Envision what the future may hold. As a nurse leader, ask yourself the question, ‘Will I be ready?’ I hope the answer will be yes. Our students, patients and communities are counting on us.”

In addition, she said, “Nurses will be more involved in disaster management and emergency preparedness as this specialty continues to emerge.”

As for challenges, Dr. Smith said that a major one facing the nursing profession now is “the acute faculty shortage,” which she described as “profound and deep”—and one that’s “impeaching the ability of schools to accept qualified candidates which, in turn, reduces the numbers of new graduates. With the demand for nurses outpacing the supply, the lack of faculty is at a crisis point. The profession must strive to increase the number of research doctorate graduates to fill faculty and nurse scientist roles.”

Dr. Smith also did some crystal-ball gazing during her recent Q&A interview (see also page 22)—focusing on what she sees as “the main opportunities and challenges facing nurses today.”

At a time when “job prospects are particularly bright for registered nurses and nurse practitioners,” she said, “many new roles for nurses are developing in nontraditional settings. A variety of societal changes is driving tremendous growth in home health and public health nursing. Nurses also have increased opportunities to assist individuals in maintaining health and wellness.”

She pointed to a number of areas of opportunity. “Their roles in rehabilitative and palliative care are also in demand. Nurse practitioners are expertly filling the gaps in primary care and expanding the mental health provider infrastructure. Nurses are engaged with healthcare technology at the bedside, in homes and remote monitoring centers. New areas of expertise in telehealth nursing are evolving.”

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Dr. Smith Also Foresees More Nontraditional Settings, But Fewer Faculty

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Preparing for the Future of Nursing 2030

By James Forkan

How can nursing fix America’s ailing healthcare system? That’s the question National Academy of Medicine’s (NAM) Future of Nursing 2020–2030 consensus study is looking into. Toward that end, the College’s faculty and administration continue to incorporate new ideas and approaches into their students’ education.

NAM and the National Academies of the Sciences, Engineering and Medicine’s Future of Nursing 2030 Committee, now gathering input, will develop recommendations for publication in late 2020. Here are some ways the College is preparing its educators and students for what lies ahead:

CNPH will increase emphasis on unconventional student placements.

Besides placements at longtime hospital partners like Memorial Sloan Kettering, NYU Winthrop and St. Francis Hospital, Deborah Murphy ’85, assistant dean for undergraduate programs, said two of CNPH’s 264 capstone students in the Spring 2019 semester worked in the community—placed at the Mineola Department of Health and United Cerebral Palsy of Nassau County, Roosevelt, New York. Although Murphy acknowledged that the students were disappointed at first because their experience would not be in a hospital like their peers, she pointed out to them that nurses will increasingly be working beyond hospitals because that’s the future. Ultimately, she said, the students were happy with their placements.

More and more, students will be exposed to environments outside hospitals, including community settings and outpatient ambulatory care. Murphy, who developed a new ambulatory surgery student placement program at Northwell Health with Andrea McCrink, EdD, associate professor, last year, explained, “Healthcare is moving more to outpatient settings. There is a movement to have patients who need low-risk surgeries to have it performed in an outpatient setting.”

Karen Mancini, PhD, Department of Nursing Specialties chair, said her department—whose clinical courses include Community Health, Maternal Child Health and Mental Health—continues to “expand our academic and community partnerships to give students the opportunity to learn from nurses and health professionals who facilitate delivery of healthcare and social needs care in the community.”

Senior students in the Community Health rotation, for instance, attend various sites, such as DaVita Kidney Care, the Long Island Alzheimer’s Foundation and ProHEALTH Urgent Care Centers. Students also visit the surrounding community to examine the resources available to the population, she added.

Technology is transforming healthcare with informatics, robotics, simulation labs and electronic medical records—CNPH is staying up-to-date on those advances.

CNPH faculty use innovative teaching pedagogies in both theory and lab scenarios, Dr. Mancini said. Obstetrical hemorrhage and hypertensive illnesses of pregnancy are leading causes of maternal morbidity and mortality in the United States, especially in underserved populations, she pointed out.

Another growing trend is treating some ER patients at home. Johns Hopkins Medicine, Mount Sinai and the U.S. Department of Veteran Affairs have been studying that approach and found that ER patients treated in their homes have better outcomes than those treated in hospitals. Those at home tend to sleep better and be more active—with costs significantly lower.

Patients are examined remotely through a wireless patch tracking their vitals, transmitted to a computer screen at the hospital, then given appropriate medication or an IV by a staffer in the home. (Patients destined for intensive care would not qualify for such-at-home care.)

Dorothy Ferrari, DNP, director of the NP and DNP programs, said, “Our aging population underscores the need for nurses to be well versed in geriatric care with a focus on healthy aging and chronic care management.” She noted that “in our state-of-the-art Clinical Education and Simulation Lab (CESl), our graduate students are provided the opportunity to translate theory into practice and build competency in diagnostic reasoning and clinical decision-making. With advanced patient care manikins, simulators, telemedicine training and the use of virtual patients, lifelike situations are created in which students must think critically, respond appropriately and quickly, and make informed decisions.”

Edmund J.Y. Pajarillo, PhD, department chair, graduate nursing studies, said, “Technology is causing sweeping changes so that the traditional roles of nurses might become outdated.” For instance, the new definition of nursing informatics puts “increased emphasis on interprofessional education and collaboration. We have begun to focus on educating our nurses on [those aspects] but we need to do more and make it the core of our functioning.”

Adelphi’s Healthcare Informatics program launches its new online curriculum in Spring 2020.
As our nation becomes more diverse and its healthcare needs change, it is imperative that students improve their cultural competencies and use the social determinants of health to inform their practice.

—Maria-Pilar Martin, MD, director of the Master of Public Health program

Besides working within communities in this country, nursing students can learn much from their study abroad experiences in Costa Rica, Guatemala and the Dominican Republic. Maureen Roller, MS '13, DNP, who helped start study abroad at Adelphi, feels the faculty-led study abroad trips that CNPH students take during spring or winter break are great preparation for working with diverse populations here. “We always talk about cultural competency in our courses since New York is so diverse.” But, she added, “Rather than just discussing it in a lecture and hoping students internalize, this is a lived experience for them.”

Even within one of New York state’s healthiest counties, there are significant health disparities in Nassau County’s lower-income neighborhoods. In other words, as 2017 Buckley Scholars Lecture speaker Diana Mason, PhD, observed, “Your ZIP code may be more important to your health than your genetic code.”

Reducing such disparities can lead to improved health and well-being, according to NAM.

Self-care — one recommendation Marissa (Lepore) Abram ‘08, PhD ‘17, said that she will focus upon as she reads her students for future changes. “It is vital that we integrate discussions about self-care which include strategies to recognize risks for burnout and compassion fatigue,” she said, adding that nurses’ well-being can impact their delivery of high-quality healthcare.

Related to that, Dr. Abram said, “Nurse leaders can have a significant impact on solving the growing problem linked to the opioid crisis within the profession. The first and most important part is to recognize there is a problem.” She added, “Healthcare professionals are a subset of society—yes, we are humans too. We carry a higher level of risk to becoming addicted due to stress and accessibility to substances. The issue must be addressed immediately.”

Whatever the changes, already underway or yet to come, one thing is certain. As Adelphi Trustee Leonard Achan ’99, chief innovation officer and senior vice president of innovation and business development at the Hospital for Special Surgery, advised at the 2018 Leadership Conference, “Never forget that we in the healthcare industry exist because of patients. Keep them at the center of what you do. Always.”
From natural disasters to power failures, Adelphi is committed to preparing students for professional crisis management. In 2003, Adelphi became one of the first higher education institutions to offer emergency management (EM) coursework. Today the program offers master’s, bachelor’s and associate degrees in emergency management, as well as a graduate certificate.

The College of Nursing and Public Health and the College of Professional and Continuing Studies share the emergency management program, which now has 20 students (12 undergraduate, eight graduate) and more than 200 alumni. This allows students from different disciplines to learn how emergency management may play a role in their careers.

“In multiple ways, we’re able to cross-pollinate between the emergency management program, nursing program and the public health program at those undergraduate and graduate levels,” said Kenneth C. Rondello, MD, clinical associate professor, who played a major role in the program’s development.

The EM program can lead to careers in fields as diverse as homeland security and healthcare-related and environmental emergency management. David Williams, EdD, director and clinical assistant professor, believes emergency management is something everyone should be familiar with.

“Name me one component of society that doesn’t need emergency management,” he said. “Any place where people gather, emergency management is required to be considered for the safety of the people there.”

Dr. Rondello and Dr. Williams have extensive backgrounds in emergency management. The latter has helped out in various hurricanes, floods and wildfires, while Dr. Rondello is a 9/11 first responder who has traveled to emergencies in a dozen countries, from Ghana to Haiti.

Word about Adelphi’s involvement in disaster preparedness is spreading. In February 2019, representatives from the Cabinet Secretariat of the Japanese National Resilience Promotion Office visited Dr. Williams to learn more about disaster preparedness.

The EM program has been offered fully online since 2008. Many interested students worked full time as nurses, first responders, paramedics and more. As a result, they weren’t able to commit to a 15-week course on a specific day and time of the week. Online availability gave students the freedom to earn their degree on their own time while also expanding Adelphi’s geographical footprint.

“Many of the professors are active in their field and have worked with the U.S. Secret Service or on nuclear submarines and traveled to dozens of countries to apply their emergency management expertise. They deliver essential course materials and incorporate current events into the classroom, such as the anti-vaccine movement and the Spring 2019 measles outbreak.

“Being a professor at Adelphi, I’m able to leverage those experiences into opportunities for student learning that I wouldn’t have otherwise if I didn’t do these deployments,” Dr. Rondello said.

“Cross-Pollinating” Across Three Degree Programs, Two Colleges

By Choya Randolph, MFA ’18

Help their journey.
Be part of the discovery.
Support the College of Nursing and Public Health—and join our mission for a healthier world.

Our students prepare for real-life situations in our state-of-the-art simulation labs.

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Online availability gave students the freedom to earn their degree on their own time while also expanding Adelphi’s geographical footprint.

“My students are essentially from all corners of the nation,” Dr. Williams said. “I have students in California who write to me about wildfires enclosing their hospital. I’ve had students talking about the blizzards in the Midwest.”

Adelphi has been able to take advantage of educational tools such as VoiceThread, a tool that allows professors and students to have a visual presence.

Many of the professors are active in their field and have worked with the U.S. Secret Service or on nuclear submarines and traveled to dozens of countries to apply their emergency management expertise. They deliver essential course materials and incorporate current events into the classroom, such as the anti-vaccine movement and the Spring 2019 measles outbreak.

“Being a professor at Adelphi, I’m able to leverage those experiences into opportunities for student learning that I wouldn’t have otherwise if I didn’t do these deployments,” Dr. Rondello said.
A Parent’s Health Crisis Led Them to a Nursing Career:

Ernesto’s Story

Ernesto Marcano Jr. ’19

Discovering His Purpose
“...I was always interested in the medical field, mainly because my father was diagnosed with multiple sclerosis when I was young. MS is an autoimmune disease that basically breaks down the protective coding of our nerves. I feel that nurses are the individuals in healthcare who truly help families such as mine. I knew I wanted to be that support system for others.”

First Generation
Senior lecturer Sarah Eltabib was one of the greatest influences on him, Marcano recalled, “She was one of the first professors that I felt I could trust, in part because she shared with me her story of being first generation (college student/graduate).” He said he also owes a lot of his personal development to belonging to the Latino Student Association, the Adelphi University Student Nurses Association, Pi Lambda Phi (where he was president in junior year and vice president-recruitment as a senior) and peer leader in the Summer Pre-College nursing program. They “prepared me to know when to observe, listen and, most importantly, lead when the time calls for it.” Receiving the President’s Student Leadership Award in 2018 was “my proudest accomplishment at Adelphi.”

Flash-Forward
Marcano, who graduated cum laude, now works in North Shore University Hospital’s critical care fellowship program, in the neurological ICU. His dream job: “To be an ICU or ER nurse to help critical patients like the nurses who once cared for my mother”—herself a former nurse. In addition, thanks to her experiences with CNPH faculty, she said, “I would love to earn further degrees and teach students in the future.”

Jessica Jacob ’19

Lives Changed in an Instant
“My interest in nursing began during my second year at Adelphi, when my mother became paralyzed after being hit by a drunk driver. At the time, I was a biology major interested in a different career path. But when I saw the amazing care she received from her nursing staff, it immediately drew me to the nursing field. I am currently her primary caregiver, so I practice the nursing role daily.”

Turning Lemons Into Lemonade
Her proudest accomplishment is being on Dean’s List each semester she’s been in the nursing program. “...My grades improved dramatically” after switching to nursing. Becoming her mother’s caregiver at age 19 was not easy. And yet, she said, “I was so proud that in the hardest time of my life, my life was turned around with my newfound role as a caregiver... I was also proud of being recruited by Tylenol for their documentary about caregivers.”

Flash-Forward
Jacob, who graduated magna cum laude, now works in North Shore University Hospital’s critical care fellowship program, in the neurological ICU. Her dream job: “To be an ICU or ER nurse to help critical patients like the nurses who once cared for my mother”—herself a former nurse. In addition, thanks to her experiences with CNPH faculty, she said, “I would love to earn further degrees and teach students in the future.”
What are your priorities for the College?
I am committed to strengthening the research capacity of the College by providing additional support to faculty in the development of grants and research proposals. In particular, I hope to sustain and grow the emphasis on nursing education, science, already a recognized strength of our faculty.

It is imperative that we focus on sustaining and enhancing the programmatic quality gains achieved in 2018. This includes pursuing the accreditation of our Public Health and Healthcare Informatics programs. Our Doctor of Nursing Practice program opened this fall, and I look forward to maintaining the outstanding PhD program that has been a hallmark of our College for 35 years.

I also envision greater emphasis on interprofessional collaboration in the design and implementation of new courses and programs. Maintaining positive and productive relationships with our clinical agency partners and developing new ones will afford our students continued access to excellent experiential learning opportunities.

I would also like to increase our international relationships. Building on a history of strong scholarly exchange partnership with Jinan University in China, we have the opportunity to continue to grow and evolve in this regard. I would like to see more opportunities for service learning and study abroad for our students.

What inspired you to pursue nursing as a calling—and later to seek leadership roles at Adelphi and, before that, Northwell Health?
From the time I was a young teenager, I always wanted to be a nurse. Volunteering in hospitals from age 14 helped me to broaden my understanding of what roles nurses played in healthcare. I had a strong interest in and excelled in the sciences and enjoyed working with people, so nursing seemed a great career option. I also knew that there would be an opportunity to engage in teaching within the nursing profession—both with patients and, eventually, students. This was very appealing to me.

Nursing also offered such a wide array of specialties and different roles to consider. I was able to fulfill my dream of becoming a nurse, in part, because of the scholarships I was awarded from Adelphi. Having been the recipient of scholarships, I know how pivotal they can be in securing the education of so many students.

As my career progressed, I became deeply committed to the profession and healthcare in general. I was drawn to progressively more responsible leadership positions. I knew that nursing was central to healthcare quality and that continuing my education to graduate and doctoral study was imperative. Being part of a large healthcare system at Northwell Health afforded opportunities to develop and implement programs and processes that improved care for patients. Working side by side with outstanding interprofessional colleagues and expert clinicians gave me a deep appreciation for the power of teamwork and collaboration in achieving large-scale goals.

Do you have specific programs in mind that you want to add in the near future, undergrad and graduate?
Due to its rapidly changing nature, healthcare offers many opportunities for the development of new programs and courses of study. I see a profound shift from the extensive focus on acute inpatient care to preparing nurses and other professionals for work in community and public health settings. The changing societal demographics will call for clinicians with the necessary knowledge and skills to care for older populations. The demand for rehabilitative and palliative care will continue to grow, prompting a rethinking of the needed programs to prepare healthcare providers for these levels of care. I anticipate continued and growing demand for mental health practitioners with particular expertise in the treatment of addictions.

Technology has changed how and where we do our work. Programs to prepare clinicians and informaticists for their role in telehealth and remote monitoring capabilities will be increasingly important. The transformative impact of genetics and genomics will continue to shape healthcare as we know it.

We will continue focusing on programs preparing educators, administrators and researchers. New roles are emerging such as care managers and navigators, which will require an interprofessional approach to program development. One thing is certain—our graduates must be prepared to thrive in a complex, ever-changing environment. They will be caring for older, more diverse populations within a variety of healthcare settings and ever increasingly in the community.

In addition to formal academic program development, I would like to explore the development of microcredentials with our faculty. We will be innovating with a variety of program delivery mechanisms, and simulation-based learning will continue to be a cornerstone of our teaching/learning strategies.

Looking beyond work, what interests give you the most joy?
Over the past several years, I have made a point of engaging in more international travel. I enjoy visiting different countries and experiencing their respective cultures. My two most recent trips were to Iceland and Greece. I have been to China several times and would like to explore Portugal in the future. A trip to Australia and New Zealand is also on my must-do list.

I can’t think of a more exciting and rewarding role than serving as the new dean.”
—Elaine Smith

Dean Elaine Smith

Shortly after she was named Dean of Adelphi’s College of Nursing and Public Health in March 2019, James Forkan interviewed Elaine (Kaupp) Smith ’78, MS ’88, EdD, about her priorities, her inspirations and more.

Returning to her alma mater in 2015 as associate dean of operations was “a dream come true.” She became acting dean in January 2017 and interim dean nine months later. Overseeing the College now means “I could give back to the College that had given me so much,” she said. In working with faculty, staff and administration to “co-create the next chapter,” she said, “I can’t think of a more exciting and rewarding role than serving as the new dean.”

Dr. Smith was also featured in the 2013 edition of Adelphi’s nursing newsletter while she was corporate vice president for nursing education at Northwell Health.
“We have a very diverse Master of Public Health program at Adelphi, with many international studies,” Korede Yusuf, PhD, said. “We encourage a global perspective that extends beyond the classroom and inspires future work that could help solve some of these pressing world issues.”

Dr. Yusuf began her professional career as a physician in her home country of Nigeria, committed to the treatment of pregnant women and their children. Dismayed by the preventable deaths she witnessed almost daily, she eventually concluded that the best way to help improve health among vulnerable populations would be to go into public health research and teaching.

Now, after earning a Master of Public Health and a PhD in epidemiology at the University of North Carolina at Chapel Hill and the University of South Florida at Tampa, respectively, she’s an assistant professor at CNPH, conducting studies that may lead to changes in the care provided women and children in low-income groups and underserved communities. She actively involves Adelphi students in her research, inspiring them to enter the field.

In just the past two years, Dr. Yusuf has published articles about health insurance and access to skilled birth attendance in Togo, trends in reproductive health in Nigeria, the effects of childhood social and family support on mental health in adulthood, and colorectal cancer screening among vulnerable populations in Florida. Another paper, which updates research she conducted for her doctoral dissertation, has recently been published; it provides further data on the effect of folic acid supplements on the fetal growth of babies born in the United States to mothers who smoke.

“A lot has been done in the U.S. to make sure pregnant women quit smoking, but these interventions are not always effective,” she said. “I’m hoping this work will initiate more conversations about increasing folic dosage to improve birth outcomes for mothers who smoke.”

Dr. Yusuf recently received Adelphi’s Faculty Development Grant to do a qualitative study in Nigeria to identify feasible and culturally acceptable approaches to mitigating intimate partner violence (IPV) risk in Nigeria. “Part of what I will be doing includes interviewing high-risk subgroups of female victims and perpetrators of IPV in Nigeria to understand their behaviors, needs, preferences and values.”

“By closely studying high-risk women, we will identify ways to reduce their risk and improve access to resources and services,” she explained. At the same time, Dr. Yusuf teaches graduate courses in epidemiology and quantitative analysis, enhancing her classes with real-life examples and hands-on experiences.

“I put effort into identifying and utilizing up-to-date resources and technology in the classroom,” she said. “It is my goal to ensure that my students, irrespective of their learning styles, achieve the required competencies for the class and can apply concepts learned in real life and in their future career.”

Last January, Dr. Yusuf took about a dozen students to Guatemala, where lower respiratory infections are a leading cause of death. One reason these infections are common is that many poor, indigenous Guatemalans cook over open fires, sometimes very close to their living area, and inhale a great deal of smoke. A solution: Install simple wood-burning stoves in homes, which is something the Adelphi group did during their trip.
Changing Direction to Transform Lives
Natalie Madray ‘13, MPH ‘19

Changing Paths
Natalie Madray came from an Adelphi family. Her mother—Amitra Madray, who had a bachelor’s degree in natural sciences in 1981—as well as two aunts, a brother and a cousin graduated here with various majors. She got her own bachelor’s degree in exercise science at Adelphi in 2013. But the very next year, she lost her father to a heart attack at a young age. “That moment changed my life in so many ways.”

She worked at North Shore University Hospital for almost two years, an experience that “led me to learn more about the gap in preventative care...I had a passion for health and well-being.” Then she discovered the public health field and chose to pursue a Master of Public Health. “Public health affects every aspect of our lives and health and prevention are vital in caring for our communities.”

Moving Toward Her Dream
Last summer, she completed an internship at Northwell Health’s Employee Wellness department, the first from the MPH program to intern there. That team is responsible for creating and implementing best practices research for the well-being of 60,000 Northwell employees.

Her proudest accomplishment? Becoming the Graduate Student Council’s president and helping launch the Public Health Alumni Affinity Group, a joint-venture of the Office of Alumni Relations, the MPH program and current students and alumni. For those achievements, she won the MPH Outstanding Community Service Award at Commencement. Maria Pilar Martin, MD, director of the MPH program, praised Madray as “my right hand. With her leadership skills and professionalism, she will be very missed.”

Flash-Forward
Madray—now working on a per diem basis at Northwell Health’s Employee Wellness department and helping with program planning and outreach throughout the Northwell system—has been applying to Northwell for community health coordinator positions.

Her dream job? Forming her own public health consultancy so she could “develop innovative, effective programs that can change outcomes in high-needs communities.” Madray added, “My involvement in the Graduate Student Council and my graduate assistantship at the Health Services Center put me in proximity to my dream by giving me the tools to make my own way and become a knowledgeable professional.”

A Passion for Mentoring
Morain Lewis-King, MS ‘18

Her Back Story
Morain Lewis-King, who graduated with an MS in December 2018 at age 50 with a 4.0 GPA but officially matched in May 2019, received the Dean’s Master’s Award for Leadership at Commencement. “I was chosen by the faculty and the dean,” she said, adding, “This award is presented to a master’s student who has demonstrated an ability to translate knowledge into practice to advance the goals of the nursing profession.”

Looking back on her Adelphi years, she said, “I like that the small class size was just what I needed for me not to be intimidated after being away from college for such a long time.”

She added, “My interest in NED [nursing education] developed from my passion of precepting and mentoring students who did their clinical education at Memorial Sloan Kettering, where I have been working for many years. We have unit-based projects in our hospital and I enjoyed the collaborative work I did with nurses and others from various backgrounds and ages. To me, being able to relate well with people from various backgrounds is a critical element of an effective educator.”

Sloan Kettering Cancer Center in Manhattan as an RN/case manager. She said, “I plan on applying for a Nursing Professional Development Specialist (NPDS) position at Sloan Kettering.” She added that she’s interested in that post because she wants to “assist new nurses to acclimate to their nursing career and help establish nurses with their competencies.”

Fast-Forward
Lewis-King currently works at Memorial Sloan Kettering Cancer Center in Manhattan as an RN/case manager. She said, “I plan on applying for a Nursing Professional Development Specialist (NPDS) position at Sloan Kettering.” She added that she’s interested in that post because she wants to “assist new nurses to acclimate to their nursing career and help establish nurses with their competencies.”

“Everything I learned from my coursework came together as I completed my project, ‘Information Processing in the Age of Proactive Self-Care’—which assesses preparing nurses for practice and patient education and bridging the educational gap on proactive self-care, as well as the impact of big data information processing in the age of technology-driven healthcare.”

This from someone who started at Adelphi “feeling ambivalent about my technological and communication skills.”

Looking back on her Adelphi years, Lewis-King said, “I like that the small class size was just what I needed for me not to be intimidated after being away from college for such a long time.”

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Michiko Tomura, PhD ’19:
Seeking Changes to Nursing Care in Japan—
With Emphasis on Care

I conducted most of my dissertation in Japan, and even though I was physically away from campus, I never felt isolated.”
—Michiko Tomura, PhD ’19

“Dissemination of nursing research on an international level is reflected in the work of Michiko Tomura,” said Associate Professor Patricia Donohue-Porter, MS ’78, PhD ’87, director of the PhD program at CNPH. “Her goal has always been to influence caring pedagogy in her homeland when she completed her dissertation.”

Awarded the PhD during the May 2019 Doctoral Hooding Ceremony, Dr. Tomura has already influenced caring pedagogy in Japan, for instance, by helping to translate into Japanese the work of noted nursing theorist Jean Watson, PhD, who integrates caring and healing human caring and Red Cross principles.

Dr. Tomura, now professor in psychiatric and mental health nursing at the college in Hiroshima, received her bachelor’s degree from that same college in 1992 and a master’s degree from the University of Illinois at Chicago in 1998. From 2000 to 2013, she had worked at the college in Hiroshima—whose educational philosophy is based on human caring and Red Cross principles. She then left to fully focus on her doctoral studies in the United States, at CNPH. In April 2018, she returned to Japan in her current post.

Mentored by Jane White, PhD, chair of her dissertation committee, Dr. Tomura said, “I conducted most of my dissertation in Japan, and even though I was physically away from campus, I never felt isolated. I’ve always felt connected,” thanks to Dr. White’s mentorship. “In addition, she gave me advice when I needed it, using the most appropriate bird’s-eye or bug’s-eye view, and provided clear direction and comments to improve the dissertation.”

Dr. Tomura pointed out, “I have been working in an academic environment that highlights human caring in education and research at JRCHCN.” So it was not a big leap to mental health nursing care in her doctoral dissertation, titled “Psychiatric-Mental Health Nurses in Japan: Empowerment, Moral Distress and Coping Strategies.”

She added, “I would like to continue to explore caring pedagogy in Japan by facilitating the cycle of research, practice, and theory in nursing education—for example, by incorporating theory into teaching practice. I also want to explore and test new teaching methodologies.”

MPH Awards
Honorees at the May 17, 2019, Master of Public Health Awards Ceremony included:

- Shyma Remy (3.88)
- Cheril Llal (3.9)
- Manjusha Gopi (4.0 GPA)
- Kahane Family Scholarship (Recipient is chosen by the director of the MPH program, Pillar Martin): Amanda Sendlewitz

- Outstanding Academic Achievement: Students with the highest GPA (above 3.85):
  - Ikmat Adesanya for “A systematic review on the integration of an effective HIV and TB infection management in Africa: The models, benefits, effectiveness, barriers and recommendations”
  - Shyma Remy (3.88)

- Kahane Family Scholarship (Recipient is chosen by the director of the MPH program, Pillar Martin): Amanda Sendlewitz
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  - Shyma Remy (3.88)

- Outstanding Community Service: Natalie Madray ’13, MPH ’19

- Excellence in Academic Progress (for students who achieve a 4.0 during Fall 2018 or Spring 2019 semester):
  - Sahra Ibrahimi and Chinedu U. Obioha

- Kahane Family Scholarship (Recipient is chosen by the director of the MPH program, Pillar Martin): Amanda Sendlewitz
- Outstanding Academic Achievement: Students with the highest GPA (above 3.85):
  - Ikmat Adesanya for “A systematic review on the integration of an effective HIV and TB infection management in Africa: The models, benefits, effectiveness, barriers and recommendations”
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  - Shyma Remy (3.88)
The following were 2019 inductees into the Alpha Omega Chapter of the Sigma Theta Tau International Nursing Honor Society:

Arthur Akperov  
Edwin Alburquerque  
Christopher Alianakian  
Asiya Allen  
Laura V. Alzate-Jaramillo  
Gary Anderson Jr.  
Alyssa Argento  
Caitlin Arias  
Victoria Atieh  
Sonia Augustine  
Jacqueline Baret  
Katrina Bautista  
Erin Beatty  
Alyssa Belmonte  
Ethan Bravin  
Elizabeth Butler  
Alexandra M. Calvanese  
Ari Cara  
Nicolle J. Carentz  
Brooke Carulla  
Melissa Castillo  
Jesica Jacobs  
Ashleigh Johnson  
Gabrielle Jorge  
Laywedhi Kafka  
Carly C. Kaufman  
Taline Kerberian  
Erm E. Koizli  
Elena Kyrasidides  
Chelsea Lang  
Vanessa Lantigua  
Erin Lauria  
Meh-Li  
Jaimee Lee  
Jodi LoGrigno  
Diandra LoPrinzi  
Rebecca Luc  
Eshra Luzero  
Deanna R. Luzo  
Hannah Manz  
Meera Manwani  
Emesto Marciano Jr.  
Vincneti L. Martina  
Megan Match  
Carmen Matthews  
Michael A. Mayer  
Nina Marie Mazzone  
Jacquelyn McCreasy  
Brianna Medrano  
Chelsea V. Menendez  
Emily Miller  
Elizabeth Mollo  
Felicia A. Mills  
Kayla Nanddall  
Alessa Nicforo  
Samantha Nizich  
Ryan O’Leary  
Carly M. Olsen  
Valentina Osypina  
Stephanie Pasteikova  
Grace Pappaspirotakos  
Nicole Pappaspirotakos  
Alexandra Pavesse  
Kaylin Prasad  
Shannon Ramos  
Mala Redot  
Daniel Robinson  
Sheryl Dandan Rollison  
Dennielle Elizabeth Russell  
Nicole Russo  
Anja Sant  
Lauren Catherine Sandeter  
Jessica A. Schillino  
Kollane Schramm  
Ariha Scott  
Veronica Scotti  
Natasha L. Senken  
Anael M. Shibli  
Erika Siler  
Amanda M. Smoock  
Leana Snyder  
Nora Solomon  
Tatyanna Solowada  
Jeanette Siemers  
Darlene St. John  
Samantha Stendardi  
Kaitlin Sullivan  
Jaclyn Santewski  
Jeff ey Taborda  
Alexis Tamburro  
Era Torres  
Ashley Vanderweck  
Marina Varchuk  
Shari Varghese  
Marissa Villano  
Amaya F. Wilks  
Chelsaston Wong  
Ina Xamo  
Yong Zhen Leon Xu  
Rosana Orellana Yanes  
Adelphi University Student Nurses Association (AUSNA) Award  
Sabrina Futa  
Hannah Manzi  
Bernard and Marilyn Kleinberg Nursing Award  
Kreind Arpa  
Ethan Bravin  
Dean’s Master’s Award for Leadership  
Morain Lewis-King  
Eileen M. Jacob Registered Nurse Award  
Stacy A. Dalao  
Audra A. Mandarino  
Justina Eisenhauser Mickiewicz Memorial Award  
Edwin Alburquerque  
Alexandra Pavesse  
Kathryn Wilgosz Chiddo Award in Pediatric Nursing  
Lauren Catherine Sandeter  
Linda (Rodwin) Tenenbaum Oncology Award  
Kollane Schramm  
Margaret T. Shay Honor  
Jessica Jacob  
Mildred Montag Award  
Sherry Cohen  
NACLI Nursing Award  
Ryan O’Leary  
Nursing Undergraduate Perseverance Award  
Johanna Fitzpatrick  
Outstanding Master’s Project-Nursing  
Ikmat Anuolwapo Adesanya  
Peggy Ann Burleigh Award  
Kaylee C. Wu  
Ira Xamo  
Yong Zhen Leon Xu  
Michelle Yabanova  
Rosana Orellana Yanes  
Julie Young  
The Ronnie E. Leibowitz Infection Control Award  
Megan Match  
Adelphi University College of Nursing and Public Health students continue to shine. The following students received awards at the May 2019 Pinning Ceremony:

STUDENT HIGHLIGHTS
Faculty Peer-Reviewed Publications


Anna Marie Denis co-authored “Assessment for and Managing Chronic Insomnia in Primary Care Settings,” in the Journal of Nursing Practice, July 2019, 44 (7): 23-35.

Maryann Forbes first-authored “Risk-Based Reflection on End-of-Life Student Narrative Analysis” in Nursing Education Perspectives, 39(2).


Shan Liu co-authored “Beliefs of Immunosuppressive Medication Among Chinese Renal Transplant Recipients, as assessed in a Cross-Sectional Study with the Basel Assessment of Adherence to Immunosuppressive Medications Scale” in Transplantation Proceedings, April 2019, 51(3): 742-743.

Wei Liu first-authored “Recognition of and Beliefs About Causes of Mental Disorders: A cross-sectional study of U.S. and Chinese undergraduate nursing students” in Nursing Health Science, March 2019, 21(1).


David Parker co-authored “Standard Precautions Among Emergency Medical Services in Urban and Rural Areas” in the journal Workplace Health and Safety, October 2019.

Anna Peirce, Suzanne Ellis, Annie George, M. Gold, Kathy O’Hara and Wendella Rose-Facey co-authored “Knowledge Development, Technology and Questions of Nursing Ethics” in the journal Nursing Ethics, April 2019.


Selected Faculty Presentations

Patricia Donohue-Porter presented “Creative Contributions of Nursing Theory to Nursing Research and Practice” at the Long Island Jewish Medical Center Nursing Research and Evidence-Based Practice 10th Annual Conference, December 8, 2019.


Grants

Marissa Abram, Shan Liu and Wei Liu were awarded 2019 Internal Faculty Development Grants by Adelphi University—Abram for “Perspectives of Recovery from Opioid Use Disorder” Shan Liu for “The Use of Traditional Chinese Medicine During Conventional Treatment in Chinese Patients with Cancer” and Wei Liu for “Impressing Mental Health Literacy in Undergraduate Nursing Students: Does Virtual Simulation Help?”

Adjunct Faculty: Part Time, But Fully Committed

By Choya Randolph, MFA ’18

The College of Nursing and Public Health has more than 250 adjunct faculty members. We asked a few of them what brings them the most satisfaction.

Susan Kessler, MA ’07

Degrees: BS/CUNY in Nutrition (1990), and MA/Adelphi in Community Health Education (2007)

15 years teaching at Adelphi

“I am passionate about the critical importance of nutrition in the prevention of disease and the benefit that healthy food provides in promoting healing. Knowing that I am transmitting those values to our nursing students gives me great satisfaction.”

Michael Miccuso

Degrees: BS/Story Brook University (2006), BS/Molloy College in Nursing (2008), MS (2015) and MBA (2016)

Three years teaching at Adelphi

“I am greatly satisfied when I see that my students ‘get it.’ They understand the material and its level of importance in the healthcare field.”

Lucy Mensah, MSN ’12

Degrees: BS/York College (1995), MS/Adelphi in Adult Nurse Practitioner (2012) and an Adelphi PhD candidate in Nursing Research due to graduate in 2020

Seven years teaching at Adelphi

“Teaching gives me the platform to share my passion and expertise with my nursing and nurse practitioner students. As a teacher, I give my students the skills they need to go into the world and succeed.”

Virginia Oates ’79

Degrees: BS/Adelphi (1979), MS/New School in Gerontological Services Administration (1986), MS/Molloy College (2010), DNP/Case Western Reserve University (2017), postbaccalaureate certificate in gerontology/Adelphi (1981)

Seven years teaching at Adelphi

“I enjoy teaching at Adelphi because I feel that the College of Nursing and Public Health promotes my academic endeavors and helps me to develop my skills as an educator and researcher.”

ALUMNI UPDATES

‘60s

Barbara (Bobbi) Weinstein Williams ’68 is semiretired from her position as clinical director of Suburban Outpatient Surgery Center and is actively involved in volunteer activities in her community. She and her husband have 55 years, Neil Williams ’68, enjoy their two daughters and four grandchildren.

Michael Luna ’75 received an MPA from Long Island University in 1982 and a DNP from Case Western University in 2010. He currently resides in Pennsylvania and is a nursing supervisor at HCR Manor Care.

Gloria Lagana Bernard ’76 received an MSN from the University of Texas at Houston in 1984 and a post-master’s certificate in Adult Nurse Practitioner designation. An administrative director for Inspira Health Network, he just completed a medical mission to the Dominican Republic.

‘80s

William Kramer ’83 earned an MBA in healthcare administration and a D, and became a licensed attorney. He is a member of the American Association of Nurse Attorneys and is working toward an MSN Family Nurse Practitioner designation. An administrative director for Inova Health Network, he just completed a medical mission to the Dominican Republic.

‘90s

Joyce Anastas, PhD ’91, recently received a National Institutes of Health (NIH) Award to perform research.

‘00s

Matthew Aiken, MS ’09, was certified as a national healthcare disaster professional by the American Nurses Credentialing Center and now works for Kaiser Permanente as the regional director for emergency management.

‘10s

Shawnee Purdy, MS ’16, currently a nurse practitioner at Northwell Health, was selected to be a Jonas Scholar by the National League of Nursing for 2018–2020. She has also received a scholarship to pursue a DNP. Her area of focus is on environmental factors and cancer risk.

SHARE YOUR NEWS

Our Advisory Board

The 13-Member CNPH Advisory Board

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<td>Eileen Williamson '85</td>
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For more information, please visit: annualfund@adelphi.edu

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Our data covers September 1, 2018-August 31, 2019. Please contact the Office of University Advancement if you believe we have a made an unintentional error or if you have any questions: 516.877.3250
Center of Excellence in Nursing Education for 2019–2024—for “role modeling visionary leadership” and the only 2019 honoree in the United States in the category of Advancing the Science of Nursing Education

From the National League for Nursing